

## PRACTICE ICE SCHEDULE

### FRIDAY, MARCH 12, 2010

#### AMERICAN RINK (COMPETITION RINK --- Located upstairs)

Start Time	End Time	Session Type	Max. # of Skaters
2:35 PM	2:55 PM	Championship Competitors Only	20
2:55 PM	3:15 PM	Championship Competitors Only	20
3:15 PM	3:35 PM	Open Practice	20
3:35 PM	3:55 PM	Open Practice	20
<i>ICE MAKE</i>			
4:10 PM	4:30 PM	Pairs Only	14
4:30 PM	4:50 PM	Dance Couples Only	20
4:50 PM	5:10 PM	Open Practice	20
5:10 PM	5:30 PM	Open Practice	20
5:30 AM	9:10 PM	Competition Events Only	
9:10 PM**	9:30 PM	Open Practice**	20
9:30 PM**	9:50 PM	Open Practice**	20

*\*\*If competition runs late, these two practice session will begin after final event concludes*

#### OLYMPIC RINK (PRACTICE RINK --- Located downstairs)

5:20 PM	5:40 PM	Dance Couples & Pairs Only	20
5:40 PM	6:00 PM	Open Practice	20
6:00 PM	6:20 PM	Open Practice	20

### SATURDAY, MARCH 13, 2010

#### AMERICAN RINK (COMPETITION RINK --- Located upstairs)

6:10 AM	6:30 AM	Dance Couples (All levels) & Solo Dance Low (only Prelim, PreBronze, Bronze, and PreSilver)	20
6:30 AM	6:50 AM	Dance Couples (All levels) & Solo Dance High (only Silver, PreGold, Gold, International)	20
6:50 AM	7:10 AM	Open Practice	20
7:30 PM **	7:50 PM	Open Practice**	20

*\*\*If competition runs late, practice session will begin after final event concludes*

#### OLYMPIC RINK (PRACTICE RINK --- Located downstairs)

9:20 AM	Championship Competitors Only	20
9:40 AM	Open Practice	20
12:00 PM	Championship Competitors Only	20
12:20 PM	Open Practice	20
12:40 PM	Dance Couples (All levels) & Solo Dance (PreSilver and Silver) Only	20
1:00 PM	Pairs Only	14

## SUNDAY, MARCH 14, 2010 -- DAYLIGHT SAVINGS: CLOCKS FORWARD!

### AMERICAN RINK (COMPETITION RINK --- Located upstairs)

6:50 AM	7:10 AM Open Practice	20
7:10 AM	7:50 AM Open Practice	20

### OLYMPIC RINK (PRACTICE RINK --- Located downstairs)

8:20 AM	8:40 AM Open Practice	20
8:40 AM	9:00 AM Open Practice	20
10:20 AM	10:40 AM Open Practice	20
10:40 AM	11:00 AM Open Practice	20

## PRACTICE ICE NOTES:

1. Practice sessions may be purchased at the registration desk for \$12 per 20-minute walk on session.
2. Open Practice is open to all competitors, of all levels, in all disciplines.
3. All other sessions are reserved for the stated competitors ONLY.

## MUSIC ON PRACTICE ICE:

**1. Competitors will be allowed to play their music on all sessions.**

**2. When you check in with the practice ice monitor, you will receive a ticket.**

This ticket is to be turned in with your practice music CD when you want your music played. If near the end of the session no one else wants to play their music you will be permitted to play your music once again. It is advised that you turn in your CD and ticket at the start of the session to get into the "queue." In a 20-minute session, an average of 8-11 competitors will get their music played. Somehow though, this generally works out okay at AN/other competitions.

**3. Saturday's 6:10 AM ice dance session** will play the following dances once: Dutch Waltz, Cha Cha, Hickory Howdown, and Foxtrot. Remaining time, or the first four minutes, will be given for any Championship Free Dances.

4. **Saturday's 6:30 AM ice dance session** will play the following dances once: American Waltz, Blues, Killian, Westminster Waltz, Silver Samba. Remaining time will be given for any Championship Free Dances.

5. **Saturday's 12:40 ice dance session** will play starting any Championship Free Dances requested first, starting at 12:43 sharp. At any down moment skaters may request the Dutch Waltz, Cha Cha, Foxtrot, American Waltz, or Blues.