



**11TH ANNUAL
2009 GRAND RAPIDS OPEN
FIGURE SKATING COMPETITION**

JUNE 18, 19, 20, 2009

HOSTED BY THE GREATER GRAND RAPIDS FIGURE SKATING CLUB

CONTACT: Denise Hendershot at
GrandRapidsOpen@gmail.com Phone (616)293-8669 or the
club website at www.ggrfsc.org

LOCATION: Patterson Ice Center (two-rink indoor facility
with ice surfaces 200 ft. by 100 ft. and 200 ft. x 85 ft.) 2550
Patterson SE, Grand Rapids, MI 49546

SANCTIONING: This non-qualifying competition is
sanctioned by U.S. Figure Skating and will be conducted in
accordance with the rules of U.S. Figure Skating as set forth
in the 2009 rulebook, except as modified in this
announcement or those adopted at the May 2009 meeting
of the Governing Council. The programs will be skated for
the 2010 competitive season. *The International Judging
System* will be used for Juvenile/Open Juvenile-Senior Free
Skating and Short Programs and Juvenile-Senior Pairs Free
Skating. Chief Referee: Dr. Barry Doren, Chief Accountant:
Joyce Herron

PLANNED PROGRAM CONTENT SHEET (PPCS):

Competitors in IJS events are required to submit a planned
program content sheet. The PPCS is to be completed online
no later than June 1. **For those who do not submit the
planned program content sheet online by June 1, a \$25
processing fee will be incurred. Please note that any PPCS
submitted by paper, regardless of date, will incur the \$25
processing fee. Once entered, PPCS may be updated
online at any time as often as is desired without cost - but
no later than June 15.** Please go to www.usfsaonline.org
and follow the instructions to complete your planned
program content sheet. Designate Grand Rapids Open to
receive your form.

ELIGIBILITY & ENTRIES:

Eligible competitors are current members in good standing
of U.S. Figure Skating and shall be eligible to enter events
based on their test status as of May 2, 2009. Low-level
flights will be divided in age groups of 8-10 skaters
whenever possible. A minimum of two entries will be
required for all flights to be scheduled. Entrants may "skate
up" a level but may not skate more than one level in any
one event. Artistic Showcase is a ladies/men (combined)
event. Compulsory, jumps, and spins events may be ladies
and men combined.

COMPETITION EVENTS:

Single Free Skating (Basic Beginner – Senior)
Compulsory Moves (Basic Beginner – PreJuvenile)
Short Program (Juvenile – Senior)
Adult Free Skating (Pre-Bronze – Gold/Masters)
Jumps Only (Pre-Preliminary – Senior)
Spins Only (Pre-Preliminary – Senior)
Pairs Free Skating (Juvenile – Senior)

Artistic Showcase (Beginner – Adult)

FEES: INCLUDES A DVD OF EACH EVENT ENTERED

\$95 First Juvenile/Open Juvenile—Senior Singles event

\$85 Basic Beginner—PreJuvenile, Showcase, and Adult
Singles event (FS, SP, or Comp.)

\$45 Each additional singles event

\$50 Basic or Low Beg Compulsory (as *only* event entered)

\$120 pairs event (\$60 per skater)

A NSF fee of \$25 will be charged for all returned checks.

\$25 Late fee for registrations received after 5/2/08

\$20 Change of Event Fee

***NO RETURN ENVELOPE IS NECESSARY!**

Mail your Entry Form and check (payable to GGRFSC) to:

DENISE HENDERSHOT

13350 ALGOMA AVE. NE

CEDAR SPRINGS, MI 49319

CLOSING DATE: Entries must be postmarked by May 2,
2009. Late entries may be accepted, when space is
available, at the discretion of the Competition Committee
and will be assessed a \$25 late fee. No refunds after closing
date unless the event is cancelled for lack of participation.

Entries will be limited so early registration is encouraged.

REGISTRATION: The Registration Desk (located on the
Main Level) will be open concurrent with the first practice
ice session through the end of the day's competition.
Skaters must check in at least one (1) hour prior to their first
event. Registration will be your final confirmation of
competition time.

SCHEDULING OF EVENTS & PRACTICE ICE:

A tentative schedule of competition events & your skating
time(s) will be emailed to each competitor as soon as
provided by the referee. The schedule will be posted on our
web site www.ggrfsc.org and on www.sk8stuff.com as soon
as it is known. All times are approximate. Please check
with Registration for changes and exact times.

PRACTICE ICE: Will be available at various times on
Thursday, Friday, and Saturday. Practice ice will be sold
online. Further information will be available with your
confirmation letter via email.

MUSIC:

Music must be left at the registration desk upon
registration. Competitors must have extra copies of their
music available. CDs only are acceptable, with one track of
music per CD, and must be clearly marked.

AWARDS:

Awards will be given in each group as follows: 1) Medals
for 1st, 2nd, 3rd and 4th places; 2) ribbons for 5th-9th place.

PAIRS FREE SKATING

The International Judging System will be used for Juvenile –Senior Pairs Free Skating events.

Balanced program requirements as defined in 4030-4081

***JUVENILE:** 2½ minutes 4081

Must have passed US Figure Skating Juvenile Pair test and no higher.

***INTERMEDIATE:** 3 minutes 4071

Must have passed US Figure Skating Intermediate Pair test and no higher.

***NOVICE:** 3 ½ minutes 4062

Must have passed US Figure Skating Novice Pair test and no higher.

***JUNIOR:** 4 minutes 4052

Must have passed US Figure Skating Junior Pair test and no higher.

***SENIOR:** 4½ minutes 4042

Must have passed US Figure Skating Senior Pair test and no higher.

*** ALL SKATERS ENTERED IN AN IJS EVENT
MUST COMPLETE A PLANNED PROGRAM
CONTENT FORM ON-LINE.**

COMPULSORY AND SHORT PROGRAM

NOTE: Test requirements are the same as listed under Single Free Skating Events

Beginner through Pre-Juvenile Compulsory events will be skated on one-half (½) of the ice surface. Juvenile through Senior Short Programs will be skated on full ice and set to non-vocal music of the skater's choice. Moves must be skated exactly as stated and may be skated in any order. There must be no change of foot between jumps in a combination jump. An axel is considered a single jump. If a program exceeds the time limit, that portion of the program will not be judged. *All times listed are maximum.* All moves in all levels are to be connected in a free flowing presentation. Excessive footwork and added elements will be penalized. Spin revolutions must be in position to be counted.

COMPULSORY EVENTS (NO MUSIC)

BASIC BEGINNER: 1 minute

1. Bunny hop
2. 3-turn sequence
3. Forward or backward crossovers (minimum 4 each foot)
4. Any stop

LOW BEGINNER: 1 minute

1. 1/2 revolution jump
2. Toe-loop
3. Two-foot spin (min. 3 revolutions)
4. Lunge

HIGH BEGINNER: 1 minute

1. Waltz jump
2. Salchow jump
3. Half-flip or half-Lutz jump
4. Upright scratch spin (forward) (min. 3 rev.)
5. Forward spiral

PRE-PRELIMINARY LIMITED/PRE-PRELIMINARY COMBINED:

1¼ minutes

1. Flip jump
2. Single-single jump combination (no axel)
3. Loop Jump
4. Sit spin (forward) (minimum 3 revolutions)
5. Forward outside edge spiral

PRELIMINARY LIMITED/ PRELIMINARY COMBINED:

1½ minutes

1. Single jump (may not be repeated)
2. Single/single jump combination
3. 1-foot backspin (position optional, may not commence with a jump, minimum 3 revs)
4. Edge spiral, Spread Eagle or Ina Bauer
5. Step sequence

PRE-JUVENILE:

1½ minutes

1. Single or double jump (may not be repeated)
2. Single/single jump combination (must include loop)
3. Combination spin with 1 change of foot, no change of position (may not commence with a jump, minimum 4 revolutions each foot)
4. Solo spin (may not commence with a jump, minimum 4 revolutions)
5. Step sequence

SHORT PROGRAMS (WITH MUSIC)

Additional program requirements as defined in 3610-3621. Programs will be skated for the 2010 competitive season.

*OPEN JUVENILE SHORT PROGRAM: (IJS) max 2 minutes

1. Jump combination- two single jumps or one double jump and one single jump
2. Axel (may not be repeated)
3. Solo jump –single jump, double toe-loop or double salchow jump (may not be repeated)
4. Solo spin - minimum 4 revolutions in position. (May not commence with a jump)
5. Spin combination with only one change of foot and at least one change of position (4 revs each foot)
6. Step sequence (straight line, circular, or serpentine)

*JUVENILE SHORT PROGRAM: (IJS) max 2 minutes

1. Jump combination-one double & one single jump or two double jumps
2. Axel (may not be repeated)
3. Solo jump –double jump preceded by connecting steps and/or other free skating movements (may not be repeated)
4. Solo spin - minimum 4 revolutions in position. (May not commence with a jump)
5. Spin combination with only one change of foot and at least one change of position (4 revs each foot)
6. Step sequence (straight line, circular, or serpentine)

*INTERMEDIATE SHORT PROGRAM: (IJS) max 2 minutes

As stated by the 2009 US Figure Skating Official Rulebook 3671

*NOVICE SHORT PROGRAM: (IJS) max 2½ minutes

As stated by the 2009 US Figure Skating Official Rulebook 3661/ 3662

*JUNIOR SHORT PROGRAM: (IJS) max 2 minutes 50 seconds

As stated by the 2009 US Figure Skating Official Rulebook 3651/3652.

*SENIOR SHORT PROGRAM: (IJS) max 2 minutes 50 seconds

As stated by the 2009 US Figure Skating Official Rulebook 3641/3642

*** ALL SKATERS ENTERED IN AN IJS EVENT MUST COMPLETE A PLANNED PROGRAM CONTENT FORM ON-LINE FOR EACH IJS EVENT (SHORT AND LONG PROGRAMS).**

JUMPS ONLY EVENT (NO MUSIC)

Entrants will qualify according to their Free Skating level. Pre-Preliminary through Pre-Juvenile will be skated on half-ice. All other levels will be skated on full ice. Jumps should be performed **exactly** as stated. Skaters will be given two opportunities to perform each jump and will be judged on the best one. The following format will be used for this event: **Each skater will perform all of her/his jumps in sequence.** If the two jumps to be performed are the double flip and the double loop, Skater #1 will take the ice individually and be given two attempts at the double flip. Skater #1 will then be given two attempts for the double loop. The best flip and the best loop of the two performed by Skater #1 will then be judged. The process will then be repeated for Skater #2, and the rest of the skaters. An axel will be considered a single jump. In situations where the skater is given the choice of the jumps to be performed, the first attempt will determine the jumps to be judged and the skater will not be allowed to change jumps on the second attempt.

PRE-PRELIMINARY/PRE-PRELIMINARY LIMITED COMBINED:

Toe loop; combination of any two single jumps (no axels)

PRELIMINARY/PRELIMINARY LIMITED COMBINED:

Loop; combination of any two single jumps

PRE-JUVENILE:

Axel; double toe loop

JUVENILE & OPEN JUVENILE: Same requirements,

Two separate Events.

Axel; combination of any double jump with a loop jump or a combination of any two double jumps

INTERMEDIATE:

Axel; Double flip; combination of any two double jumps

NOVICE:

Double loop; Double flip; combination of any two double jumps

JUNIOR:

Double loop; Double lutz; combination of any two double jumps or a triple jump with a double jump

SENIOR:

Double lutz; Double axel; combination of any two double jumps or a triple jump with a double jump

SPINS ONLY EVENT (NO MUSIC)

Entrants will qualify according to their Free Skating level. Spins may be joined with appropriate connecting moves and will be skated on one-half ice. There will be a one and a half minute time limit, and no music. Spins must be skated exactly as stated, but may be performed in any order. Revolutions stated are minimums.

PRE-PRELIMINARY/PRE-PRELIMINARY LIMITED COMBINED:

One-foot spin, optional free leg (3 revs); two-foot spin (3 revs); sit spin (3 revs)

PRELIMINARY/PRELIMINARY LIMITED COMBINED:

Scratch spin (5 revs); sit spin (3 revs); camel spin (3 revs)

PRE-JUVENILE:

Camel spin (4 revs); change foot sit spin (4 revs each foot); front to back scratch spin (4 revs each foot)

JUVENILE/OPEN JUVENILE: Same Requirements. Two separate events.

Spin combination with 1 change of foot and 1 change of position (4 revs each foot); flying camel spin (5 revs); change foot sit spin (5 revs each foot)

INTERMEDIATE:

Spin combination with 1 change of foot and 2 changes of position (5 revs each foot); camel spin to back camel spin (4 revs each foot); layback spin (ladies-5 revs) or camel spin (men 5 revs)

NOVICE:

Flying camel (6 revs); spin combination with 1 change of foot and 2 changes of position (15 revs total); layback spin (ladies-6 revs) or cross-foot spin (men-6 revs)

JUNIOR:

Flying sit spin; spin combination with 3 changes of position and 1 change of foot (5 revs each foot); layback spin (ladies- 6 revs) or cross-foot spin (men-6 revs)

SENIOR:

Flying spin of choice (6 revs); spin combination with at least 2 changes of position and 2 changes of foot (15 revs total); solo spin of skater's choice (8 revs)

ARTISTIC SHOWCASE

Showcase events are to be skated to music. Programs should be designed specifically to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have 30 seconds to place and remove the prop (no props are allowed on the ice during the warm-up). Test requirements for each showcase group are the same as the freestyle levels indicated. **The program cannot exceed the indicated time.** Skaters placing fourth or higher in preliminary and higher artistic showcase solo events, including adult events, will be qualified to enter the next National Showcase.

GROUP I: BEGINNER:

1 minute 30 seconds; Must not have passed any USFS tests

GROUP II: PRE-PRELIMINARY/PRELIMINARY:

1 minute 40 seconds

GROUP III: PRE-JUVENILE/JUVENILE

1 minute 40 seconds

GROUP IV: INTERMEDIATE & ABOVE

2 minutes 10 seconds

GROUP V: ADULT

1 minute 40 seconds; Must be 21 years or must not have passed higher than Adult Silver FS.

2009 GRAND RAPIDS OPEN FIGURE SKATING COMPETITION- ACCOMMODATIONS

The Patterson Ice Center (616) 940-1423 is conveniently located to I-96 and a wide array of hotels, restaurants, shopping, and local attractions. The shores of beautiful Lake Michigan are a pleasant drive away.



Complimentary:

- Smart Start Breakfast Buffet
 - Airport Shuttle
- Wireless High Speed Internet Access
 - Local Phone Calls

Special Hotel Features:

- Mini-Kitchen
- Microwave & Refrigerator
 - Pull out Sofa Sleeper
- Outdoor Sport Court (basketball, Volleyball, tennis)
- Five Meeting/Banquet Rooms With free Wireless High Speed Internet Access
- Separate Sleeping & Living Areas
- Earn points/miles through Priority Club Rewards

Holiday Inn Express Hotel & Suites
5401 28th Street Court SE
Grand Rapids, MI 49512 (616) 940-8100
www.hiexpress.com/grandrapidsmi

THE HOLIDAY INN EXPRESS welcomes competitors with a special room rate of \$82. per night (plus taxes). It is only a short drive to the **PATTERSON ICE CENTER**.



FROM THE EAST: Take I-96 to 28th St. (exit 43a). West on 28th St. to Patterson Ave. North on Patterson. Patterson Ice Center is on the east side of the road.

FROM THE NORTH: Take US 131 south to I-96. Go east on I-96 to 28th St. (exit 43a). West on 28th St. to Patterson Ave. North on Patterson. Patterson Ice Center is on the east side of the road.

FROM THE WEST: Take I-96 to 28th St. (exit 43a). West on 28th St. to Patterson Ave. North on Patterson. Patterson Ice Center is on the east side of the road.

FROM THE SOUTHWEST: Take I-196 north. I-196 will merge with I-96. Take I-96 to 28th St. (exit 43a). West on 28th St. to Patterson Ave. North on Patterson. Patterson Ice Center is on the east side of the road.

FROM THE SOUTH: Take US 131 north to 28th St. Go east on 28th St. to Patterson Ave. North on Patterson. Patterson Ice Center is on the east side of the road.

ENTRY FORM

2009 GRAND RAPIDS OPEN FIGURE SKATING COMPETITION

PLEASE PRINT! FORM MUST BE COMPLETELY FILLED IN BEFORE IT CAN BE PROCESSED. E-MAIL ADDRESS REQUIRED!

Read all information carefully and talk to your coach first before calling us with questions as changes will be subject to a \$20 change fee.

FIRST NAME:		LAST NAME:		USFSA #:	
ADDRESS:			CITY:		STATE: ZIP:
DATE OF BIRTH:	SEX: <input type="checkbox"/> FEMALE <input type="checkbox"/> MALE	★PARTNER'S NAME (PAIRS ONLY)			
DAY PHONE #:	NIGHT PHONE #:	E-MAIL REQUIRED: PRINT CLEARLY!			
HOME CLUB: (PLEASE DO NOT ABBREVIATE)			COACH'S NAME:		

HIGHEST TEST PASSED _____ FS

MARK YOUR SELECTIONS CLEARLY AND CAREFULLY!

PLEASE CHECK OFF EVENT(S) ENTERED. ONE ENTRY FORM MAY BE USED FOR ALL EVENTS ENTERED.

★ EACH MEMBER OF A PAIRS' TEAM MUST FILL OUT A SEPARATE ENTRY FORM.

SENIOR*

- Free Skating
- Short Program
- Jumps Only
- Spins Only

*submit PPCS

JUNIOR*

- Free Skating
- Short Program
- Jumps Only
- Spins Only

*submit PPCS

NOVICE*

- Free Skating
- Short Program
- Jumps Only
- Spins Only

*submit PPCS

INTERMEDIATE*

- Free Skating
- Short Program
- Jumps Only
- Spins Only

*submit PPCS

JUVENILE*

- Free Skating
- Short Program
- Jumps Only
- Spins Only

*submit PPCS

OPEN JUVENILE (13+)*

- Free Skating
- Short Program
- Jumps Only
- Spins Only

*submit PPCS

PRE-JUVENILE

- Free Skating
- Compulsory Moves
- Jumps Only
- Spins Only

PRELIMINARY

- Free Skating
- Compulsory Moves
- Jumps Only
- Spins Only

PRELIMINARY LIMITED

- Free Skating
- Other events w/
Preliminary

PRE-PRELIMINARY

- Free Skating
- Compulsory Moves
- Jumps Only
- Spins Only

PRE-PRELIMINARY LIMITED

- Free Skating
- Other events w/
Pre-Preliminary

HIGH BEGINNER

- Free Skating
- Compulsory Moves

LOW BEGINNER

- Free Skating
- Compulsory Moves

BASIC BEGINNER

- Free Skating
- Compulsory Moves

ADULT FREE SKATING

- Pre-Bronze
- Bronze
- Silver
- Gold – submit PPCS

★PAIRS

- Juvenile
- Intermediate
- Novice
- Junior
- Senior

*submit PPCS

ARTISTIC SHOWCASE

- Group I
- Group II
- Group III
- Group IV
- Group V

CHECK LIST:

- ENTRY FORM w/ US FIGURE SKATING NUMBER
- CHECK PAYABLE TO GGRFSC
- CERTIFICATE OF COMPETITOR FORM/AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT – COMPLETELY SIGNED!
- PPCS, SUBMITTED ONLINE AT WWW.USFSAONLINE.ORG FOR EACH IJS EVENT...SHORT AND LONG PROGRAMS

MAIL TO: DENISE HENDERSHOT
13350 ALGOMA AVE. NE
CEDAR SPRINGS, MI 49319

FEES: \$95 FIRST JUVENILE/OPEN JUVENILE-SENIOR EVENT
 \$85 FIRST LIMITED BEGINNER-PRE-JUVENILE, ADULT, ARTISTIC SHOWCASE & DANCE EVENTS

\$45 EACH ADDITIONAL SINGLES EVENT

\$50 LIMITED BEGINNER COMPULSORY (AS ONLY EVENT ENTERED)

\$120 ★PAIRS EVENT (\$60 PER SKATER)

IF SUBMITTING AFTER MAY 2, 2009 INCLUDE LATE FEE OF \$25.

NO RETURN ENVELOPE IS NEEDED.

DEADLINE FOR POSTMARK IS MAY 2, 2009

CERTIFICATE OF COMPETITOR BY CLUB OFFICER

I hereby approve the entry of _____ (the competitor) into the 2009 Grand Rapids Open Figure Skating Competition. I further certify that he/she is a full member in good standing of our club, is an eligible skater as defined in the official Rules of U.S. Figure Skating and has passed the appropriate tests to skate the events entered. If you are an individual member, you will certify your own form.

CLUB OFFICER:	TITLE:
SIGNATURE:	TELEPHONE #:

CERTIFICATION BY ATHLETE AND PARENT/GUARDIAN AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

ATHLETE: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorable upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify U.S. Figure Skating, the local Competition Committee, the Greater Grand Rapids Figure Skating Club, and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as result of any such claims, whether valid or not.

ATHLETE/PARENT/GUARDIAN: I understand that U.S. Figure Skating and the Greater Grand Rapids Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating organizers of the competition, the Greater Grand Rapids Figure Skating Club and its Officers, and their entries shall be accepted only on such condition. As defined in the 2009 Official U.S. Figure Skating Rulebook (3222).

In the event I am unavailable, I hereby give permission for any emergency medical treatment and further authorize and consent to the release of any pertinent medical information and records regarding the treatment, diagnosis, and/or examination of (myself)/(my son/daughter) to authorized medical personnel.

EMERGENCY MEDICAL INFORMATION (allergies, pre-existing conditions, etc.) _____

ATHLETE'S SIGNATURE

DATE

PARENT/GUARDIAN'S SIGNATURE: (IF ATHLETE IS UNDER AGE 18)

DATE

COACH'S INFORMATION

COACH'S NAME:			
COACH'S ADDRESS:	CITY:	STATE:	ZIP:
DAY PHONE #:	EVENING PHONE #:		
E-MAIL REQUIRED: PRINT CLEARLY!			

DEADLINE FOR POSTMARK IS MAY 2, 2009

MAIL TO: DENISE HENDERSHOT 13350 ALGOMA AVE NE CEDAR SPRINGS, MI 49319