

TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

Hosted by the Mentor Figure Skating Club

January 6 & 7 2007

Mentor Civic Arena
8600 Munson Rd.
Mentor, Ohio 44060

The Mentor Figure Skating Club will host the 32nd annual Tri-State Synchronized Team Skating Championships at the Mentor Civic Arena in Mentor, Ohio on Saturday January 6 and Sunday, January 7, 2007, if needed. This competition has been sanctioned by U.S.F.S.A. and will be conducted in accordance with the rules set forth in the 2006-2007 edition of the U.S.F.S.A. rulebook.

APPLICATIONS

All applications must be **postmarked no later than November 7, 2006**. Each team must submit a typed list of all team members' and alternates' names, birth dates, and U.S.F.S.A. Identification numbers. Use the enclosed team roster form. Mail completed applications to:

Sue Clemente
7564 Fairview Ave.
Mentor, Ohio 44060

FEES

The entry fee for each event is \$85 per team plus \$20 per competitor, including alternates. The entry fee for beginner is \$50 per team plus \$5 per skater. All fees are due when applications are submitted and must be payable in U.S. dollars only. There will be no refunds under any circumstances. Please make checks payable to: Mentor Figure Skating Club

GENERAL RULES

The Tri-State Synchronized Skating Competition is sanctioned by U.S. Figure Skating and will be conducted under the rules set forth in the 2006-2007 edition of the U.S. Figure Skating Rulebook and this announcement. Particular note should be taken of these sections:

- Rule 3080: Eligibility to compete
- Rule 1450: Events to be skated
- Rules 4660-4791: Requirements for each level
- Rule 3530: Duration and Warm-up Periods of Synchronized Team Skating

LIABILITY

U.S. Figure Skating, Mentor Figure Skating Club, and Mentor Civic Arena accept no responsibility for injury or damage sustained by any participant in these championships. This is in accordance with Rule 3222 of the 2006 edition of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

The ISU judging system (IJS) will be used for open junior, collegiate, adult, intermediate, novice, junior and senior events. For all other events, the 6.0 system will be used. However, testing of the ISU judging system may be performed for some of these levels.

All teams competing in a level judged under the IJS will be required to complete a planned program content sheet. Blank sheets are found in this announcement. Each team's Planned Program Content sheet must be turned in with the team's music at registration.

Events to be offered:

A. Beginner

A team of 8 to 16 skaters of any age. No skaters may have passed higher than preliminary or adult bronze in any discipline.
Program duration: 1 ½ - 2 minutes.

Required elements:

- a. Line: Any shape, cover the whole ice and include forward and backward skating. No change of hold is allowed.
- b. Block: Cover the ice and include a change of axis. See Synchro badges 2, 3 and 4 in the Basic Skills Instructor Manual.
- c. Intersection: One line on each side of the rink, approaching each other. (See Synchro 2 & 3). Skaters perform a forward one-foot glide at the point of intersection.
- d. Wheel: 4-spoke with backward pumps / skating.
- e. Circle: One circle, rotate two full rotations, include the "combination element" found in Basic 8, item C in the Basic Skills Instructor Manual.

Additional elements are not allowed. Changes of rotational direction, changes of hold and traveling are not allowed within elements. Steps included in the program should only be turns or free skating moves found in Basic 1-8 and Free Skate 1 of the U.S. Figure Skating Basic Skills program. The emphasis should be on mastering the basic skills of synchronized skating: control of rotation, straight lines, unison, use of guiding and shadowing, etc. NOT ON DIFFICULTY! Deductions will be taken for elements or features included that are not allowed!

B. Preliminary:

A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10 on the preceding July 1.
Program duration: 2 minutes
Well balanced program: Rule 4710

C. Pre-Juvenile:

A team of 8 to 12 skaters. The majority of the team must be under 12 on the preceding July 1.
Program duration: 2 minutes.
Well balanced program: Rule 4760

D. Open Juvenile:

A team of 8 to 12 skaters. The majority of the team must be under 19 on the preceding July 1. All skaters must have passed the pre-preliminary moves in the field test.
Program duration: 2 ½ minutes.
Well balanced program: Rule 4770

E. Open Junior:

A team of 12 to 20 skaters. Skaters must be at least 12 and the majority must be under 19 on the preceding July 1. All skaters must have passed the preliminary moves in the field test.
Program duration: 4 minutes.
Well balanced program: Rule 4750

F. Juvenile:

A team of 12 to 20 skaters. Skaters must be under 13 on the preceding July 1 and have passed the preliminary moves in the field test.
Program duration: 3 minutes.
Well balanced program: Rule 4700

G. Intermediate:

A team of 12 to 20 skaters. Skaters must be under 18 on the preceding July 1 and have passed the pre-juvenile moves in the field test.
Program duration: 3 ½ minutes.
Well balanced program: Rule 4690

- H. Novice:** A team of 12 to 20 skaters. Skaters must be under 16 on the preceding July 1 and have passed the juvenile moves in the field test.
Program duration: 3 ½ minutes.
Well balanced program: Rule 4680
- I. Junior:** A team of 12 to 16 skaters. Skaters must be at least 12 and under 19 on the preceding July 1. All skaters must have passed the intermediate moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 minutes
Well balanced program and short program: Rule 4670
- J. Senior:** A team of 16 skaters. Skaters must be at least 14 on the preceding July 1 and have passed the novice moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 ½ minutes.
Well balanced program and short program: Rule 4660
- K. Open Collegiate** A team of 8 to 16 skaters. Skaters must be enrolled in a college or university as a part-time or full-time student.
Program duration: 3 minutes.
Well balanced program: Rule 4790
- L. Collegiate:** A team of 12 to 20 skaters. Skaters must be enrolled in a college or university as a full-time student and have passed the juvenile moves in the field test.
Program duration: 4 ½ minutes.
Well balanced program: Rule 4720
- M. Open Adult:** A team of 8 to 12 skaters. The majority of skaters must be 19 years or older on the preceding July 1.
Program duration: 2 ½ minutes.
Well balanced program: Rule 4780
- N. Masters:** A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 35 on the preceding July 1.
Program duration: 3 minutes.
Well balanced program: Rule 4740
- O. Adult:** A team of 12 to 20 skaters. Skaters must be at least 21 and the majority of the team must be at least 25 on the preceding July 1. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.
Program duration: 3 ½ minutes
Well balanced program: Rule 4730

Moves in the field test requirements must be met by December 1, 2006

Crossover Rules: The chart below illustrates where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An “X” indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 4660 – 4791.

Level Athlete is Skating In	Level Allowed to Crossover To													
	Preliminary	Pre -Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Open Junior	Junior	Senior	Open Collegiate	Collegiate	Open Adult	Masters	Adult
Preliminary														
Pre - Juvenile														
Open Juvenile														
Juvenile						X								
Intermediate														
Novice				X				X	X					
Open Junior										X		X	X	
Junior						X			X	X				
Senior						X		X		X				X
Open Collegiate														
Collegiate							X	X	X					X
Open Adult														
Masters							X							X
Adult							X		X	X	X	X	X	

MUSIC

Rules governing music selection can be found in the U.S. Figure Skating rulebook, rules 2660-4791.

Only CDs (standard Compact Disk format) or cassette tapes (no cases, please) will be accepted.

- CDs: Must be clearly marked with name, event entered and the music length and contained in a hard sided "jewel" case.
- Cassettes: Must be clearly marked with name, event entered, length of music and side to be played.

The program length must be noted in the space provided on FORM A.

Due to compatibility and reliability reasons no music may be submitted on re-recordable "CDRW" discs.

Competition music must be turned in at the registration desk and must be submitted no later than two hours prior to the event in which the team is skating. All music must be picked up at the completion of the competition. CDs and cassettes will not be mailed back to competitors.

All teams must have an additional copy of their music available for practice sessions. Teams must also have an extra copy available quickly during the actual competition event. The organizing committee will not accept responsibility for damage or loss of music but will take every precaution to ensure their safety.

PRACTICE ICE

The Mentor Civic Arena is a dual surface facility. The rink being used measures 85'x200'. Practice ice segments will be available on the competition rink Friday, January 5, 2007 from 12:00pm until 11:45pm on a first-come, first-served basis using the enclosed practice ice form. The fee will be \$85 per 15 minute segment. All teams will be able to skate their entire program on the warm-up rink prior to skating their program on the competition rink on the day of the synchronized skating competition.

AWARDS

Awards will be made on the basis of final placement. All team members of teams placing first through fourth will be awarded medals.

REGISTRATION

The registration table will be maintained in the ice arena lobby, Friday, Saturday, and Sunday. The coach or team manager for each team must register and pick up their team packet. The (2) tapes or (2) CDs per program per team must be turned in at registration in order to receive team packets.

COMPETITION SCHEDULE

The competition schedule will be posted on the MFSC website as soon as it is available. The MFSC website is www.mentorpsc.org

SOUVENIRS

Competition pins, clothing, and programs will be available at the competition.

FOOD

The concession stand will be open during the competition. Maps for area restaurants will be available at registration.

ACCOMODATIONS

Refer to the enclosed listing for hotels within the Mentor area.

YOU MAY REPRODUCE ANY FORMS THAT YOU NEED.

FOR ADDITIONAL INFORMATION CONTACT:

Sue Clemente
7564 Fairview Ave.
Mentor, Ohio 44060
(440) 255-9496 (home)
Email: sueclemente@acn.net

THE APPLICATION MUST BE POSTMARKED BY NOVEMBER 7, 2006

2007 TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

January 6 & 7, 2007

ENTRY FORM 2: Team Entry Form

Team Name:	Level:
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SKATER NAMES IN ALPHABETICAL ORDER Last name first	Birth date	U.S. Figure Skating #	Highest MITF test passed *
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			
Alt. 1.			
Alt. 2.			
Alt. 3.			
Alt. 4.			
Alt. 5.			
Alt. 6.			

- Required for teams entering open juvenile, juvenile, intermediate, novice, open junior, junior, senior, collegiate and adult. Also required for beginner teams. No skaters on a beginner team may have passed higher than preliminary.
- Skaters on beginner teams may be either full U.S. Figure Skating members or Basic Skills members.

2007 TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

January 6& 7, 2007

ENTRY FORM 3: Liability Waiver / Certification by Club Officer

Team Name:	Level:
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U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.

Skater's name in alphabetical order	Skater signature or parent / guardian (if skater is under 18)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
17.	
18.	
19.	
20.	
Alt. 1	
Alt. 2	
Alt. 3	
Alt. 4	
Alt. 5	
Alt. 6	

Club officer or skating school director: *All of the skaters listed on the team entry form are to the best of my knowledge, eligible members in good standing and eligible to compete under U.S. Figure Skating or Skate Canada rules.*

Print Name:	Signature
Title:	
Club / Basic Skills program name:	

2007 TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

January 6 & 7, 2007

Practice Ice Application

Practice ice will be available on Friday, January 5, 2007 from 12:00 pm – 11:45pm. Practice times will run in 15-minute segments on a first come – first served basis, at the rate of \$85 per segment on the competition surface. Segments will be scheduled as the requests arrive.

Please fill out a separate form for each team.

Team Name: _____
Division: _____
Contact Person: _____ Phone: _____

Hotel where team will be staying: _____ Phone: _____
Arrival time: _____

Please indicate the number of segments requested: _____

Please indicate time range preferred:

First choice: _____
Second choice _____
Third choice _____

Does this team have cross skaters? _____ If so, on what other teams? _____

I have enclosed \$ _____ for _____ segments.

Competition Pin Preorders

If you would like to preorder competition pins, please fill out below and enclose with registration forms. Preorder prices reflect a discount.

Team Name _____

Competition pins ordered @ \$5.00 each _____

Total enclosed \$ _____

Your pins will be included in your registration packet.

Please make checks payable to **Mentor Figure Skating Club** and mail it along with your completed Application Form, Team Roster Form, Practice Ice Form, and Competition Pin order from to:

Sue Clemente
7564 Fairview Ave.
Mentor, Ohio 44060

APPLICATIONS MUST BE POSTMARKED BY NOVEMBER 7, 2006

2007 TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

January 6 & 7, 2007

Name of team: _____

Level of team: ___ Preliminary ___ Pre-Juvenile ___ Open Juvenile
 ___ Juvenile ___ Masters ___ Open Collegiate
 ___ Open Adult

ELEMENTS TO BE LISTED IN ORDER OF SKATING THE PROGRAM

	<i>Element</i>
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

2006-2007 Season

Free Skate

This sheet must contain all of the following elements:

Juvenile, Masters, Open Collegiate (6 Elements)

1. Block
2. Circle
3. Intersection
4. Intersection
5. Line
6. Wheel

Preliminary, Pre-Juvenile, Open Juvenile, Open Adult (5 Elements)

1. Block
2. Circle
3. Intersection*
4. Line
5. Wheel

** For preliminary and pre-juvenile, the intersection must be forwards.*

Name of Coach: _____

Signature of Coach: _____

E-Mail Address: _____

2007 TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

January 6 & 7, 2007

Name of team: _____

Level of team: ___ Intermediate ___ Novice ___ Adult

ELEMENTS TO BE LISTED IN ORDER OF SKATING THE PROGRAM

	<i>Element</i>
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	

2006-2007 Season

Free Skate

This sheet must contain all of the following elements:

Intermediate, Novice and Adult (8 Elements)

1. Block
2. Circle
3. Intersection
4. Intersection
5. Line
6. Wheel
7. Movement in isolation
8. Additional element: choose from circle, line block

Additional elements may be included in the program. These additional elements will be judged as transitions, and will not receive point value.

Transition elements must be listed on this sheet, and identified as such with a short description.

Example: a transition that consisted of a circle and an intersection would be listed as:
Transition – Circle, Intersection

Name of Coach: _____ Home Phone: _____

Signature of Coach: _____

E-Mail Address: _____

2007 TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

January 6 & 7, 2007

Name of team: _____
 Level of team: ____ Open Junior ____ Collegiate

ELEMENTS TO BE LISTED IN ORDER OF SKATING THE PROGRAM

	<i>Element</i>
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	

2006-2007 Season

Free Skate

This sheet must contain all of the following elements:

Open Junior (10 elements):

- 1 Block
- 1 Line
- 1 Circle
- 1 Wheel
- 2 Different intersections
- 1 No hold step sequence
- 1 Movement in Isolation
- 1 Additional element (block, line, circle or wheel)
- 1 choice of: upright spin or moves in the field

Collegiate (12 elements)

- 1 Block
- 1 Line
- 1 Circle
- 2 Different wheels
- 2 Different intersections
- 1 No hold step sequence
- 2 Movements in Isolation
- 1 Moves in the Field
- 1 choice of: spin, line, block or circle

Additional elements may be included in the program. These additional elements will be judged as transitions.

Transition elements must be listed on this sheet, and identified as such with a short description.

Example: a transition that consisted of a circle and an intersection would be listed as:
 Transition – Circle, Intersection

Name of Coach: _____

Signature of Coach: _____

E-Mail Address: _____

2007 TRI-STATE SYNCHRONIZED SKATING CHAMPIONSHIPS

January 6 & 7, 2007

Name of team: _____

Level of team: ___ Junior ___ Senior
 Program: ___ Short ___ Free Skate

ELEMENTS TO BE LISTED IN ORDER OF SKATING THE PROGRAM

	<i>Element</i>
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	

2006-2007 Season

Short Program

Senior (8 Elements)

Intersection
 Intersection
 Circle
 Circle
 Block
 No Hold Step Sequence
 Moves in the Field
 Spin

Junior (7 Elements)

Intersection
 Intersection
 Wheel
 Wheel
 Block
 Line
 Circle

There may NOT be any additional elements.

Free Skate:

Senior (12 elements) 1 Block

1 Line
 1 Circle
 2 Different wheels
 2 Different intersections
 1 No hold step sequence
 2 Movements in Isolation
 1 Moves in the Field
 1 choice of: spin, line, block or circle

Junior (10 elements)

1 Block
 1 Line
 1 Circle
 1 Wheel
 2 Different intersections
 1 No hold step sequence
 1 Movement in Isolation
 1 Additional element (block, line, circle or wheel)
 1 choice of: upright spin or moves in the field

Additional elements may be included in the program. These additional elements will be judged as transitions. Transition elements must be listed on this sheet, and identified as such with a short description.

Name of Coach: _____

Signature of Coach: _____

