



12TH ANNUAL

Southern Eastern Great Lakes Figure Skating Council Competition

February 9-11, 2007

Hosted by Troy Skating Club
Hobart Arena, Troy, Ohio

**THIS EVENT WILL UTILIZE THE INTERNATIONAL JUDGING
SYSTEM FOR NOVICE EVENTS AND HIGHER.**

www.seglskate.org www.troyskatingclub.org

Rules/Conduct/Eligibility

The competition is open to all amateur skaters who are members in good standing with U.S. Figure Skating and will be governed by the rules specified in the 2006-2007 U.S. Figure Skating Rulebook, except as noted. Skaters may enter events according to their age and test level as of January 5, 2007. Skaters may compete at one level higher than the skater's current test level. However, skaters may only enter one level per event (i.e. Juvenile Free Skate only and not Intermediate Free Skate also). Any event with a large number of entries will be divided into smaller groups by birth date below Juvenile. The competition committee reserves the right to divide or combine any event, if necessary, and to cancel any event (with full refund of entry fee) due to lack of participants. An event will be held if there are two or more competitors. Chief referee for this event is Kathy Slack.

Facility

The competition will be held at the Hobart Arena, 225 Adams St., Troy, Ohio 45373. Hobart Arena has nearly 4000 seating and ample parking capacity. The arena has one ice surface 85' x 185'. The facility offers a snack bar. Locker rooms will be available for competitors. Visiting vendors will offer skating related products.

Entries

All entries must be postmarked no later than January 5, 2007. Payment of all entry fees must accompany completed entry forms and certification forms. Checks must be made payable to Troy Skating Club. Late entries will be accepted at the discretion of the Troy Skating Club and must include a \$25 late fee. A \$25 service charge will be assessed for each returned check. No refunds will be given after the January 5, 2007 deadline unless the event is cancelled for lack of entries. Entries where incorrect levels were entered on the application form and changes need to be made will be assessed a \$25 change fee.

Event Fees

First single event.....	\$70.00
Additional single events	\$30.00
Pair and Couples Dance (per person as first event)	\$35.00
Pair and Couples Dance (per person as additional event)	\$25.00
Basic Skills	\$30.00

Practice Ice

Skaters wishing to purchase practice ice must submit the Practice Ice Form along with a separate check for practice ice fees. Phone reservations will not be accepted. Practice ice will be \$10 per 30 minute session if arranged by January 5, 2007. Freestyle and dance practice will be limited to 20 skaters. Practice ice may begin Thursday, February 8, 2007.

EGL112206mh Basic/ Skills Approval 110306

Mail Entries to:

Troy Skating Club - SEGL 2007, c/o Robin Wagner, 665D Mumford Drive, Troy, Ohio 45373. For more information, contact Robin Wagner at 937-339-3060 or rwagner@all-world.com or Kathy Slack at 937-339-1994 or KSlack9907@aol.com.

Competition Schedule

To receive a copy of your competition schedule and practice ice, please include a business size, stamped, self-addressed envelope with your entry form. The schedule will be posted online at troyskatingclub.org and seglskate.org 10 days before the competition begins. If no stamped, self addressed envelopes are included, you will not receive your schedule by mail.

Registration

The registration desk will be located in the lobby of the Hobart Arena. The registration desk will be open prior to the first practice ice each day and will close after the last event of the competition each day. An official bulletin board will be maintained with information regarding schedules and important announcements. Such announcements shall constitute sufficient notice to competitors, coaches, chaperones and officials. Skaters should arrive at the facility a minimum of one hour before their scheduled skate time and should check in with the ice monitor twenty minutes prior to their event.

Music

All competition music must be turned in at the time of registration. Music must be on cassette tapes or CDs, which have been labeled clearly with the skater's name and event marked **on the side to be played**. Cassettes must be rewound and ready to play. Due to compatibility and reliability reasons no music may be submitted on re-recordable "CD-RW" discs. Competitors must have suitable emergency backup music at rink side. Skaters should remember to pick up their music at the registration desk after their event. TSC will provide music for Basic Skills, Solo Dance and Couple Compulsory Dance Events. Coaches should contact Kathy Slack at (937) 339-1994 for a copy of the basic skills music for 2007.

Awards

Medals will be given to the 1st, 2nd, 3rd and 4th places in all events. Ribbons will be given to 5th through 8th place for Basic Skills events through Pre-Juvenile events. Awards presentations and will take place immediately following the posting of the results for each event or as early as is possible. Skaters should report to the awards area promptly in competition attire and skates. A team trophy will be awarded to the club, other than the host club, that accumulates the most team points.

Critiques

Individual critiques by judges will be offered to skaters and coaches after each Juvenile through Senior Free Skate, Pairs Free Skate and Couples Compulsory Dance Event.

Video and Photography

Videotaping services will be available for purchase by Ledin Video. Those interested in videotaping for personal use are required to remain in the bleachers. Electrical outlets may not be used. Absolutely no flash photography is allowed during the competition.

Hotel Information-All Troy hotels are within a 5-7 minute drive of Hobart Arena.

Holiday Inn Express
60 Troy Town Dr.
Troy, Ohio 45373
937-332-1700

Fairfield Inn
83 Troy Town Drive
Troy, Ohio 45373
937-332-1446

Best Western
1375 St. Rt. 55
Troy, Ohio 45373
937-335-0021

Residence Inn
87 Troy Town Dr.
Troy, Ohio 45373
937-440-9303

Hampton Inn
45 Troy Town Drive
Troy, Ohio 45373
937-339-7801

Comfort Inn & Suites
987 E. Ash St.
Piqua, Ohio 45356
937-778-8100

Ramada Inn Lmt.
950 E. Ash St.
Piqua, Ohio
937-615-0140

Holiday Inn Express
19 Weller Drive
Tipp City, OH 45371
937-667-1574

Entry Fees

All fees are per skater (unless otherwise noted)

First Event any level Free Skating, Short Program, Compulsory Moves, MIF, Spins, Solo Dance and Showcase:	\$70.00	=	
Additional Events:	\$30.00 Each	=	
Pairs Short Program: (\$25 each, if their second event)	\$25.00 Each	=	
Pairs Free Skate: (\$25 each, if their second event)	\$25.00 Each	=	
Couples Dance:	\$35.00 Each	=	
Basic Skills Only:	\$30.00 Each	=	
Late fee (if application is postmarked after 1/05/07 and accepted) (No Metered Mail Accepted)	\$25.00	=	
Make checks payable to: Troy SC Mail to: Robin Wagner 665D Mumford Drive Troy, Ohio 45373	Total	=	

Authorization by Club Officer

I hereby approve the entry of _____ (skater's name) into the 2007 SEGL Competition. I further certify that he/she is a member in good standing of our club and has passed the appropriate tests to skate the events entered.

Club Officer:	
Signature:	
Title: (Pres., VP, Secretary, Treasurer or Test Chair Only)	Phone # ()
Club (No abbreviation Please):	

Authorization by Competitor and Parent/Guardian

I, _____, am an eligible skater, under the rules of United States Figure Skating, to enter the above events. I agree to hold harmless US Figure Skating, the Troy SC and Hobart Arena from any loss, damages and /or injury that may be sustained in any manner while participating in any activities of this competition. I agree to abide by the US Figure Skating Code of Conduct.

I understand no refunds will be given for any reason. I understand a \$25.00 charge for returned or stop payment check will be assessed.

Competitor's Signature:	Date:
Parent/Guardian's Signature: (If competitor is under age 18)	Date:

Authorization by Primary Coach

I have reviewed and approve the entry of this skater in the indicated events.

Coach's Name:	
Coach's Address:	Email:
Coach's Signature:	Date:
Coach's Phone # ()	

Make checks payable to: Troy Skating Club. Mail completed form, and entry fee check to:

Robin Wagner
665D Mumford Drive
Troy, Ohio 45373
Phone: 937-339-3060

WE REGRET THERE WILL BE NO REFUNDS

Email: troyskatingclub.org

Twelfth Annual SEGL Competition
Hosted by Troy Skating Club
Competition Events

FREE SKATING EVENTS

Skaters may enter the event for which they have passed the required test or one level higher (i.e. skaters may "skate up" one level) except as noted below. Times stated for free skating events are +/- 10 seconds.

Beginner I: This basic level is designed for the beginning competitive skater. Skaters may not have passed the USFS Pre-Preliminary Free Skating test. Skaters may select the moves of their choice but may not include any full-revolution jumps. Toe loop and salchow are permitted. Program must not exceed 1.5 minutes.

Beginner II: Skaters may not have passed the USFS Pre-Preliminary FS test. Skaters may select the moves of their choice but must not include any multi-revolution jumps. Single jumps only - no axels. Program must not exceed 1.5 minutes.

Pre-Preliminary A: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only – NO AXEL. 1.5 minutes.

Pre-Preliminary B: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only. AXEL IS PERMITTED. Required elements as stated in 3711. 1.5 minutes.

Preliminary A: Skaters may have passed the USFS Preliminary FS test and no higher. Single jumps only – including axel. 1.5 minutes.

Preliminary B: Skaters may have passed the USFS Preliminary FS test and no higher. Required elements as stated in 3701. 1.5 minutes.

Pre-Juvenile: Skaters may have passed the USFS Pre-Juvenile FS test and no higher. Required elements as stated in 3690, 3691. 2 minutes.

Juvenile: Skaters may have passed the USFS Juvenile FS test and no higher. Required elements as stated in 3680, 3681. Skaters may not exceed 12 years of age on 1/5/07. 2.15 minutes.

Open Juvenile: Skaters may have passed the USFS Juvenile FS test and no higher. Required elements as stated in 3681. Skaters must be at least 13 years of age on 1/5/07. 2.15 minutes.

Intermediate: Skaters may have passed the USFS Intermediate FS test and no higher. Required elements as stated in 3670, 3672. Skater may not exceed 17 years of age as of 1/5/07. 2.5 minutes.

Novice: Skaters may have passed the USFS Novice FS test and no higher. Required elements as stated in 3660, 3663. Ladies – 3 minutes. Men – 3.5 minutes.

Junior: Skaters may have passed the USFS Junior FS test and no higher. Required elements as stated in 3650, 3653. Ladies – 3½ minutes. Men – 4 minutes.

Senior: Skaters may have passed the USFS Senior FS test and no higher. Required elements as stated in 3640, 3643. Ladies – 4 minutes. Men – 4.5 minutes.

Adult Pre-Bronze: Skaters must be 21 years or older on 1/5/07. Skaters may have passed USFS Adult Pre-Bronze Free Skating Test but no higher. Skaters may select moves of their choice but may not include a lutz or axel. Required elements as stated in 3805, 3806. 1:40 maximum.

Adult Bronze: Skaters must be 21 years or older on 1/5/07. Skaters may have passed USFS Adult Bronze Free Skating test but no higher. Single jumps only - no axels. Required elements as stated in 3800, 3801. 1:40 maximum.

Adult Silver: Skaters must be 21 years or older on 1/5/07. Skaters may have passed USFS Adult Silver Free Skating test but no higher. Axel permitted – no doubles. Required elements as stated in 3790, 3791. 2:10 maximum.

Adult Gold: Skaters must be 21 years or older on 1/5/07. Skaters may have passed USFS Adult Gold Free Skating test but no higher. No jump limitations. Required elements as stated in 3780, 3781 2:40 maximum.

SHORT PROGRAM EVENTS

Skaters may "skate up" one level. Short program requirements are listed in the 2006-2007 Rulebook. Group B elements (2006-2007 year) shall be utilized. Short program times are maximum times.

Juvenile and Open Juvenile: Lutz; Axel; Jump Combination consisting of 2 single jumps or 1 single and 1 double; Solo spin – minimum of 4 revolutions in position, may not commence with a jump; spin combination with only one change of foot and only one change of position (4 revolutions on each foot); step sequence (straight line, circular or serpentine). 2:00 minute maximum.

Intermediate: Required elements as stated in 3671, 3672 in the 2006 – 2007 Rulebook. 2:00 minutes maximum.

Novice: Required elements as stated in 3661, 3662 in the 2006 – 2007 Rulebook. 2:30 minutes maximum.

Junior: Required elements as stated in 3651, 3652 in the 2006 – 2007 Rulebook. 2:50 minutes maximum.

Senior: Required elements as stated in 3641, 3642 in the 2006 – 2007 Rulebook. 2:50 minutes maximum.

BASIC SKILLS EVENTS

All basic skills events will be skated on half ice and will be skated to music provided by Troy Skating Club (Contact Kathy Slack at 937-339-1994). Extra elements are not allowed and will result in deductions. Specified elements may be repeated within the program.

Snowplow/Tot: (Skaters who are five years of age or younger and who have not passed Basic 1)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles (2-3 in a row)
3. Forward snowplow stop
4. Backward wiggles (2-6 in a row)

Basic 1: (Skaters who have passed or are working on Basic 1)

1. Forward two foot glide
2. Forward two foot swizzles (6-8 in a row)
3. Forward snowplow stop
4. Backward wiggles (6-8 in a row)

Basic 2: (Skaters who have passed or are working on Basic 2)

1. Forward one foot glide – either foot
2. Backward two foot swizzles (6-8 in a row)
3. Two foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line

Basic 3: (Skaters who have passed or are working on Basic 3)

1. Forward stroking
2. Forward ½ (one foot) swizzle pumps on a circle – clockwise or counter clockwise (6-8 consecutive)
3. Moving forward to backward two foot turn - either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4: (Skaters who have passed or are working on Basic 4)

1. Forward outside edge on a circle - clockwise or counter clockwise
2. Forward crossovers – clockwise and counter clockwise (6-8 consecutive)
3. Forward outside three turn – right and left
4. Backward stroking
5. Backward snowplow stop – right and left

Basic 5: (Skaters who have passed or are working on Basic 5)

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers - both directions (6-8 consecutive)
3. One foot spin (optional entry, optional free foot position, minimum of 3 revolutions)
4. Hockey stop
5. Side toe hop – either direction

Basic 6: (Skaters who have passed or are working on Basic 6)

1. Forward inside three turn - right and left
2. T - Stop - right or left
3. Bunny hop
4. Forward spiral on a straight line – right or left
5. Lunge – right or left

Basic 7: (Skaters who have passed or are working on Basic 7)

1. Forward inside open mohawk – right to left and left to right
2. Ballet jump – either direction
3. Backward crossovers to backward outside edge landing position – clockwise and counter clockwise
4. Forward inside pivot

Basic 8: (Skaters who have passed or are working on Basic 8)

1. Moving forward inside or forward outside three turns – right and left
2. Waltz jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise (see Basic 8 curriculum in Manual)
5. Beginning scratch spin - optional free foot position

Basic Free Skate 1: (Skaters who have passed Basic 8 but not Free Skate 2)

1. Advanced forward stroking (4-6 consecutive neat strokes)
2. Waltz jump from back crossovers
3. Forward outside or inside consecutive edges, 2-4
4. Scratch spin (entry from backward crossovers, minimum of 3 revolutions)
5. Half flip jump

Basic Free Skate 2: (Skaters who have passed Free Skate 1 but not Free Skate 3)

1. Forward outside spiral (R or L)
2. Waltz 3 turns (R or L)
3. Beginning back spin
4. Waltz jump, side toe hop, waltz jump
5. Toe loop

PAIRS FREE SKATING EVENTS

Novice, Junior, and Senior pairs short program will be separate events as listed below and will not be combined. All pairs events requirements will be according to the 2006-2007 USFS Rulebook.

Preliminary: Skaters may have passed the USFS Preliminary Pair Test and no higher. 1½ minutes.

Pre-Juvenile: Skaters may have passed the USFS Pre-Juvenile Pair Test and no higher. 2 minutes.

Juvenile: Skaters may have passed the USFS Juvenile Pair Test and no higher. Skaters may not exceed 16 years of age as of 1/05/07. 2.5 minutes.

Intermediate: Skaters may have passed the USFS Intermediate Pair Test and no higher. Skaters may not exceed 18 years of age as of 1/05/07. 3 minutes.

Novice: Skaters may have passed the USFS Novice Pair Test and no higher. 3.5 minutes.

Junior: Skaters may have passed the USFS Junior Pair Test and no higher. 4 minutes.

Senior: Skaters may have passed the USFS Senior Pair Test. 4.5 minutes.

PAIRS SHORT PROGRAM

All pairs events requirements will be according to the 2006-2007 USFS Rulebook. Group A elements (2006-2007 year) shall be utilized. Short program times are maximum times.

Novice: Required elements as stated in 4060, 4061, 4062 in the 2006-2007 USFS Rulebook. 2:30 minute maximum.

Junior: Required elements as stated in 4050, 4051, 4052 in the 2006 USF2007S Rulebook. 2:50 minute maximum.

Senior: Required elements as stated in 4040, 4041, 4042 in the 2006-2007 USFS Rulebook. 2:50 minute maximum

COUPLES COMPULSORY DANCE

Initial and final rounds in Couples Dance event will be combined to determine final placement. The final round placement will be used to break all ties. All skaters will compete in initial and final rounds. Test requirements are those for the 200-2007 season, as specified in the current USFS rulebook.

Preliminary: For beginning couple dancers. Neither partner may have completed the Preliminary Dance test. Dutch Waltz (initial round) and Canasta Tango (final round)

Pre-Juvenile: Both partners must have completed two Preliminary Dances, but no higher than the Pre-Bronze Dance test. Cha-cha (initial round) and Rhythm Blues (final round)

Juvenile/Open Juvenile: Neither partner may have passed any Pre-Silver dances. Cha-cha (initial round) and Ten Fox (final round)

Intermediate: Neither partner may have passed any Silver dances. Hickory Hoedown (initial round) and Foxtrot (final round)

Novice: Both partners must have passed at least one Silver Dance, but no more than 2 Pre-Gold dances. Paso Doble (initial round) and Rocker Foxtrot (final round)

SOLO DANCE

Places will be determined by the combined score of both dances. Skaters may skate up a level higher than their current test level. Adults may participate in solo dance events.

Pre-Bronze: Skaters must not have passed more than two Bronze Dance tests. Rhythm Blues, Canasta Tango

Bronze: Skaters must not have passed more than two Pre-Silver Dance tests. Cha Cha, Fiesta Tango

Pre-Silver: Skaters must not have passed more than two Silver Dance tests. Fourteenstep, European Waltz

Silver: Skaters must not have passed more than two Pre-Gold Dance tests. Rocker Foxtrot, American Waltz

Pre-Gold: Skaters must not have passed more than two Gold Dance tests. Blues, Killian

Gold: No limitations. Viennese Waltz, Paso Doble

COMPULSORY MOVES

Test requirements are the same as listed under single free skating events. Compulsory events will be skated on one-half of the ice surface without music. Skaters may not exceed the stated time limit. All times listed are maximums. Compulsory moves may be skated in any order, except where specified. There must be no change of foot or turn between combination jumps. Double jumps may not be substituted for single jumps. An axel is a single jump, except where noted. Excessive footwork and added elements will be penalized. Skaters may skate up one level, but may not skate at more than one level. Skaters may not enter both short program and compulsory moves.

Beginner I: ½ revolution jump, waltz jump, bunny hop, two foot spin, lunge, forward pivot. 1 minute maximum.

Beginner II: Backward crossovers—min. of 4 in each direction, toe loop, half flip, spiral, one foot spin with optional free foot position. 1 minute maximum.

Pre-Preliminary: Salchow, loop jump, single/single combination (no axels), forward inside or outside edge spiral, scratch spin. 1 ½ minute maximum.

Preliminary: Lutz, single/single combination (axel permitted), one foot upright back spin, forward outside or inside edge spiral, back outside pivot. 1 ½ minute maximum.

Pre-Juvenile: Lutz, single/single combination (axel permitted), camel/sit spin combination with no change of foot (minimum of 6 revolutions), forward inside edge spiral, either a split jump or falling leaf. 1 ½ minute maximum.

Adult Pre-Bronze: Waltz jump, one foot spin (minimum of 3 revolutions), spiral, forward crossovers (both directions), half flip. 1.5 minute maximum.

Adult Bronze: Salchow, one-foot back spin (minimum of 3 revolutions), waltz-jump-toe loop combination, sit spin (minimum of 3 revolutions), forward inside edges. 1.5 minute maximum.

Adult Silver: Loop jump, sit spin (minimum 3 revolutions), combination jump with no change of foot between jumps, combination spin with one change of position (minimum 3 revolutions each position), circular footwork. 1 .5 minute maximum.

Adult Gold: Lutz jump, camel spin (minimum 4 revolutions), combination jump with no change of foot between jumps, straight line footwork, combination spin with at least one change of foot. 1 .5 minute maximum.

MOVES IN THE FIELD

Each skater shall perform both elements consecutively as in a test situation.

Pre-Preliminary: Pattern 2: RBO-LBO, RBI-LBI consecutive edges and Pattern 4: Waltz eight

Preliminary: Pattern 2: Consecutive outside and inside spirals and Pattern 3: Forward power 3-turns

Pre-Juvenile: Pattern 3: 3-turns in the field (FO – BI) and Pattern 6: 5-step Mohawk sequence

Juvenile: Pattern 1: 8-step Mohawk sequence – 1A only and Pattern 4: Forward outside and inside double threes

Intermediate: Pattern 3: Backward perimeter power stroking with backward power 3-turns and Pattern 4: Backward double 3 turns

Novice: Pattern 2: Forward stroking to quick rocker turn sequence in both directions and Pattern 4: Backward rocker sequence

Junior: Pattern 3B: Forward and backward inside rockers and Pattern 4: Power pulls

Senior: Pattern 2: Extension spiral step and Pattern 4: Quick edge step

SPINS

Eligibility is as described in Free Skating events. Spins must be skated exactly as stated but may be skated in any order without music. Connecting moves may be included for the sole purpose of maneuvering between spins and will not be judged. All levels will be skated on half the ice surface.

Beginner: Two Foot Spin, Scratch Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Pre-Preliminary: Scratch Spin; Back Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Preliminary: Back Spin; Camel Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Pre-Juvenile: Camel Spin (minimum 3 revolutions); Forward to Backward Scratch Spin (minimum 4 revolutions per foot); Camel to Sit Spin with no change of foot (minimum 6 revolutions total). 1.15 minutes maximum.

Juvenile/Open Juvenile: Sit Spin (minimum 4 revolutions); Combination Spin with change of foot, change of position optional (4 revolutions per foot); Layback Spin (ladies), Camel Spin (men) (minimum 4 revolutions). 1.15 minutes maximum.

Intermediate: Sit Spin change Sit Spin (minimum 4 revolutions per foot); Flying Camel (minimum 5 revolutions); Combination Spin with change of foot and at least one change of position (minimum 5 revolutions per foot). 1.5 minutes maximum.

Novice: Solo Spin – Camel, Sit or Layback (minimum of 6 revolutions); Camel Spin change Camel Spin (minimum 4 revolutions per foot); Combination Spin with change of foot and at least one change of position (minimum 5 revolutions per foot) 1.5 minutes maximum.

Junior: Flying Sit Spin or Flying Reverse Sit Spin (minimum 6 revolutions); Combination Spin utilizing all 3 positions and one change of foot (minimum 5 revolutions per foot); Layback (ladies), Cross Foot (men) (minimum 6 revolutions). 2 minutes maximum.

Senior: Solo Spin of choice (minimum 6 revolutions); Flying spin of choice (minimum 6 revolutions); Combination Spin utilizing all 3 positions and one change of foot (minimum 10 revolutions total). 2 minutes maximum.

Adult Pre-Bronze: One Foot Upright Spin (minimum 3 revolutions); Two Foot Spin (minimum 3 revolutions); Pivot of choice. 1.15 minutes maximum.

Adult Bronze: One Foot Upright Spin (minimum 4 revolutions); One Foot Back Spin (minimum 3 revolutions); Sit Spin (minimum 3 revolutions) 1.15 minutes maximum.

Adult Silver: Camel Spin (minimum 3 revolutions); Layback Spin, Attitude or Sit Spin (minimum 4 revolutions); Combination Spin with only one change of position (minimum 4 revolutions each position) 1.15 minutes maximum.

Adult Gold: Camel Spin (minimum 4 revolutions); Layback Spin, Attitude or Sit Spin (minimum 4 revolutions); Combination Spin with only one change of foot and at least one change of position (minimum 4 revolutions per foot). 1.5 minutes maximum.

SHOWCASE

Skaters will provide their own music. The themes are open. Vocal music is allowed. The program shall stress creativity with an emphasis on musical interpretation and an overall artistic performance. Spins and jumps are allowed, but shall not be highlighted and shall be used only to emphasize the artistic quality of the program. Costumes are encouraged. Hand held props only. Props must be carried at all times.

<u>Preliminary</u> -Preliminary Free Skate Test, No Higher	1:40 max
<u>Pre Juvenile</u> -Pre Juvenile Free Skate Test, No Higher	1:40 max
<u>Juvenile</u> -Juvenile Free Skate Test, No Higher	2:10 max
<u>Teen</u> -Juvenile Free Skate Test, No Higher	2:10 max
<u>Intermediate</u> -Intermediate Free Skate Test, No Higher	2:10 max
<u>Novice</u> -Novice Free Skate Test, No Higher	2:40 max
<u>Junior</u> -Junior Free Skate Test, No Higher	2:40 max
<u>Senior</u> -Senior Free Skate Test, No Higher	2:40 max
<u>Adult</u> -21 years Min. age	2:40 max