



SKATE MIDLAND
A USFS Michigan Basic Skills Series Competition
November 3, 2007

Sponsored by the Midland FSC
PO Box 1371, Midland MI 48641-1371

The Midland Figure Skating Club is proud to sponsor the 5th annual SKATE MIDLAND COMPETITION at the new Midland Civic Arena on Fast Ice Drive, at the Bay City Road exit from Route 10. The competition will be held on Saturday November 3, 2007 from 8:00 AM to 5:00 PM. Basic Skills Series awards will be made at the end of the competition.

ELIGIBILITY — The competition is open to ALL skaters who are registered members of the Basic Skills Program or are full members of US Figure Skating in good standing. Events are offered from Snowplow Sam through USFS Preliminary test levels. Eligibility will be based on skill level as of the closing date of entries. Consult with your coach or Basic Skills instructor if you need help in selecting which events to enter.

Snowplow Sam and Basic Skills skaters through Basic 8 must skate at the highest level passed, and NO official US Figure Skating tests may have been passed including MIF or individual dances. Skaters in other events may skate at the highest level passed, OR one level higher BUT not both levels in the same event during the same competition and may have passed Pre-Preliminary Moves in the Field. For Beginner, Pre-Preliminary and Preliminary events, U.S. Figure Skating Rulebook #1032 applies.

Please note: If a skater competes at a non-qualifying competition in a “Beginner or No Test” category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

ENTRIES AND FEES — All entries must be postmarked no later than **October 8, 2007**. Late entries will be accepted at the discretion of the organizers if space is available, and will be charged a \$25 late fee. Entry fees are per person, U.S. dollars. The fee for a skater’s first event is \$40, and each additional event is \$25. NO refunds will be made after the closing date, unless the event is canceled by the sponsor. **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and returned with a check for fees, payable to Midland FSC. There will be a \$20 fee for returned checks.

AWARDS — Every skater will receive an award. All events will be final rounds. Medals will be awarded to first, second, third and fourth places. ALL other places will receive ribbons. Awards will be available at the Awards Table in the Arena after results are posted.

This is the final Basic Skills Series competition. Awards will be presented to skaters with the highest point totals who compete in at least 3 out of the 7 scheduled competitions. These awards will take place –on the ice – at this competition between 5:00 and 6:00 PM.

SCHEDULE OF EVENTS — The schedule will be posted on the Midland FSC Official Bulletin Board and the Club website, www.midlandfigureskatingclub.org, approximately 10 days before the competition date. Morning events will include Basic Skills Elements and Compulsory Programs. Information regarding groups and skating times will be posted on the Midland FSC Official Bulletin Board and website

PRACTICE ICE — Sign up for practice ice on your registration form. Five 20-minute practice ice sessions will be available during the day. Three will be held 8:00-9:00 AM. On the Olympic rink, the 8:00-8:20 AM session will be for Basic Skills and Snowplow Sam skaters only. The following two, 8:20-8:40 AM and 8:40-9:00 AM, and two during judges’ lunch, 12:10-12:30 PM and 12:30-12:50 PM are open to all levels. An additional three 20-minute slots open to all levels will be available on the South rink from 8:00-9:00AM. Sessions will be limited to 22 skaters, and you may sign up for **NO MORE THAN TWO SESSIONS** on a first come first served basis. Midday times may vary depending on the schedule. Additional sessions may be purchased during the competition if space is available. The fee is \$10 per 20-minute session.

MUSIC — Music for all free skating programs and showcase must be provided by the skater on CD’s. CD’s should be clearly marked with the name of the skater, event entered and length of music (not skating time). **Do not place labels directly on your CD; mark information on CD with felt tip pen.** Competition music is to be turned in at the time of registration. Skaters and coaches are advised to carry program music backup CDs with them in case of accidents to their original CDs.

VIDEO TAPING & PHOTOGRAPHS — Videos, award photographs, and individual photographs will be available through Ledin, Inc. and can be arranged for at the rink. You may furnish your own tape or purchase one from Ledin. All Basic Skills, Basic Freestyle and Compulsory events are videotaped by event in its entirety. **FLASH PHOTOGRAPHY OR LIGHTED VIDEO TAPING WILL NOT BE PERMITTED.** No power is available for individual videotaping.

VENDORS — A variety of souvenir goods will be available for purchase, such as tee-shirts, pins, flowers, skating equipment, skate wear, etc.

QUESTIONS?

Email: abward6@yahoo.com or drkaboswell@aol.com
Phone: 989-835-3624 or 989-695-4832

**First Annual
USFS Michigan Basic Skills Series
Hosted by the following:**

**Lansing Basic Skills Competition
March 17, 2007**
Suburban Ice – East Lansing
6544 Aurelius Road
Lansing, Michigan 48911
Contact: Gina DeWitt
517-393-2636
philandginadewitt@sbcglobal.net
Deadline for Entries: February 3, 2007

**Arctic Basic Skills Competition
April 1, 2007**
Arctic Edge Ice Arena
46615 Michigan Avenue
Canton, Michigan 48188
Contact: Theresa McKendry
734-487-7777
Tmck316@yahoo.com
Deadline for Entries: February 16, 2007
Mountain Town Classic

**Mt. Pleasant Basic Skills Competition
April 21, 2007**
The I.C.E. Arena
5165 East Remus Road
Mt. Pleasant, Michigan 48858
Contact: Ginni Phillips
989-773-6188
gphillips@DELFIELD.com
Deadline for Entries: March 20, 2007

**Farmington Hills Basic Skills Competition
June 16, 2006**
Farmington Hills Ice Arena

35500 Eight Mile Road
Farmington Hills, Michigan 48335
Contact: Nora Helwig
248-442-1446
nhelwig@sbcglobal.net
Deadline for Entries: May 15, 2007
**Skating Club of Novi Basic Skills Competition
July 14, 2007**

Novi Ice Arena
42400 Arena Drive
Novi, Michigan 48375
Contact: Suzy Malloure
248-661-1640
Malkidsx4@aol.com
Deadline for Entries: June 2, 2007

**Southwest Michigan Basic Skills Competition
August 18, 2007**
Wings Stadium
3600 Vanrick Drive
Kalamazoo, Michigan 49001
Contact: Kelli Forden
269-372-2168
jkforden@att.net

Deadline for Entries:
July 15, 2007
**Midland Basic Skills Competition
November 3, 2007**
Midland Civic Arena
405 Fast Ice Drive
Midland, Michigan 48642
Contact: Ann Ward
989-835-3624
Abward6@yahoo.com

Deadline for Entries: October 1, 2007
Michigan Basic Skills Series Updated: 05-Jan-2007

MISSION STATEMENT

To give Michigan skaters a chance to develop their USFS Basic Skills in a fun, competitive environment. During the competition season – skaters will have the chance to compete at seven (7) different clubs and arenas and earn points for a final standing. Awards will be presented to skaters with the highest point totals who compete in at least 3 out of the 7 scheduled competitions. These awards will take place – on the ice - at the Midland Competition - November 3, 2007.

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. The system for scoring points for the final award will be as follows. Each event will have a maximum of 6 skaters:

1st place 6 points

2nd place 5 points

3rd place 4 points

4th place 3 points

5th place 2 points

6th place 1 point

*If an event has less than 6 skaters, the points will be adjusted (i.e., for a group of 3 skaters, first place would receive 3 points, 2nd place 2 points, and 3rd place 1 point.

Awards will be presented to Snowplow Sam through B8 for Compulsory Elements & Basic Programs (at least 54 Awards)

Awards will be presented to Compulsory Programs Freeskate 1-6 No Music and Freeskate Programs 1-6, with music. (at least 36 Awards).

All skaters who participate in the following:

Snowplow Sam, Basic 1-8 Elements

Basic Programs with Music

Compulsory Programs Freeskate 1-6 No Music

Freeskate Programs 1-6 with music

in at least 3 of the 7 competitions in the series will be eligible to win an award with an overall total of points. Skaters moving to the next level during the Series will take their points with them and will earn one (1) point for each level passed.

Please note: Spins and Showcase Events will **not** be counted in the final standings.

Adult events and Beginner through Preliminary Level events will also be **excluded for this year.**

ELEMENTS EVENT -BASIC SKILLS CURRICULUM

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed
- Each skater will perform one element at a time in turn as directed by the referee. Example: All skaters will perform the first element before moving on to the next and so on
- Skaters may request a re-skate by raising an arm.

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| <p><u>Snowplow Sam - TOTS:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row | <p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction |
| <p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row | <p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L |
| <p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop | <p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot |
| <p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin | <p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position |
| <p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L | |

COMPULSORY PROGRAMS FREESKATE 1-6 - NO MUSIC

- To be skated on ½ ice
- No music is allowed
- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- The skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable)
- Deductions will be made if elements from a higher level are performed
- Time: 1:00 or less

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| <p><u>Free skate level 1 Compulsory</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump | <p><u>Free skate level 4 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets-R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump |
| <p><u>Free skate level 2 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump | <p><u>Free skate level 5 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump |
| <p><u>Free skate level 3 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 - 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop | <p><u>Free skate level 6 Compulsory</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Freeski 6) 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump |

MUSIC PROGRAM EVENTS

Basic Programs with Music

- To be skated on full ice
- **Vocal music is allowed**
- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- The skater may use elements from a previous level.
- Deductions will be made if elements from a higher level are performed
- Time: 1:00 +/- 10 seconds

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| <p><u>Snowplow Sam - TOTS:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop | <p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop |
| <p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop | <p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L |
| <p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop | <p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot |
| <p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin | <p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position |
| <p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L | |

Free Skate Programs 1-6 with music

- To be skated on full ice
- **Vocal music is NOT allowed**
- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- The skater may use elements from a previous level.
- Deductions will be made if elements from a higher level are performed
- Time: 1:30 +/- 10 seconds

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| Freeskate 1 1. Advanced Forward stroking. 4-6 strokes 2. Forward outside or inside consecutive edges, 2-4 3. Scratch spin from back crossovers 4. Waltz jump from back crossovers 5. Half flip jump | Freeskate 4 1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L 2. Forward power 3's, 2-3 consecutive R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump |
| Freeskate 2 1. Forward outside spiral R or L 2. Waltz three's R or L 3. Beginning back spin 4. Waltz jump, side toe hop, waltz jump 5. Toe loop | Freeskate 5 1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover Backward inside spiral, R or L 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop combination jump 5. Flip jump |
| Freeskate 3 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4-6 3. Back spin 4. Salchow 5. Waltz jump/Toe loop or Salchow/toe loop | Freeskate 6 1. 5 step Mohawk sequence, 1 set alternating patterns 2. Camel/sit spin combination, min of 4 revolutions total 3. Split or stag jump 4. Waltz jump/1/2 loop /Salchow combination 5. Lutz jump |

ELEMENTS TEST LEVEL CHART

| Level Passed | Competition Level | OFFICIAL TESTS ALLOWED |
|---------------------|-------------------------------------|--|
| Snowplow Sam 1 | Snowplow Sam only | NONE |
| Snowplow Sam 2 | Snowplow Sam only | NONE |
| Snowplow Sam 3 | Snowplow Sam only | NONE |
| Basic 1 | Basic 1 ONLY | NONE |
| Basic 2 | Basic 2 ONLY | NONE |
| Basic 3 | Basic 3 ONLY | NONE |
| Basic 4 | Basic 4 ONLY | NONE |
| Basic 5 | Basic 5 ONLY | NONE |
| Basic 6 | Basic 6 ONLY | NONE |
| Basic 7 | Basic 7 ONLY | NONE |
| Basic 8 | Basic 8 ONLY | NONE |
| Free skate 1 | Free skate 1 or 2 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating 2 badge tests. |
| Free skate 2 | Free skate 2 or 3 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating 3 badge tests. |
| Free skate 3 | Free skate 3 or 4 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating 4 badge tests. |
| Free skate 4 | Free skate 4 or 5 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |
| Free skate 5 | Free skate 5 or 6 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |
| Free skate 6 | Free skate 6 or Beginner** NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |

PROGRAMS WITH MUSIC TEST LEVEL CHART

| Level Passed | Competition Level | OFFICIAL TESTS ALLOWED |
|---------------------|----------------------------|---|
| Snowplow Sam 1 | Snowplow Sam only | NONE |
| Snowplow Sam 2 | Snowplow Sam only | NONE |
| Snowplow Sam 3 | Snowplow Sam only | NONE |
| Basic 1 | Basic 1 | NONE |
| Basic 2 | Basic 2 | NONE |
| Basic 3 | Basic 3 | NONE |
| Basic 4 | Basic 4 | NONE |
| Basic 5 | Basic 5 | NONE |
| Basic 6 | Basic 6 | NONE |
| Basic 7 | Basic 7 | NONE |
| Basic 8 | Basic 8 | NONE |
| Free skate 1 | Free skate 1 or 2 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating 2 badge test. |
| Free skate 2 | Free skate 2 or 3 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating 3 badge test. |
| Free skate 3 | Free skate 3 or 4 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating 4 badge test. |

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| Free skate 4 | Free skate 4 or 5 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |
| Free skate 5 | Free skate 5 or 6 NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |
| Free skate 6 | Free skate 6 or Beginner** NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |
| ** If a skater competes up into Beginner Category (if offered) they may not go back to compete in the Freeskate Categories | | |
| For events that are "Beyond the Basics" (Beginner, Pre-Preliminary and Preliminary) the U.S. Figure Skating Rulebook # 1032 applies. | | |

BEYOND THE BASICS TEST LEVEL CHART

| Compulsory Programs | | |
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| Level Passed | Competition Level | HIGHEST OFFICIAL TESTS ALLOWED |
| NONE | Beginner or Pre-Preliminary NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating badge tests. |
| Pre-Preliminary | Pre-Preliminary or Preliminary NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |
| Preliminary | Preliminary | Skaters must have passed at least the U.S. Figure Skating Pre-Preliminary Free Skate test but may not have passed tests higher than the Preliminary Free Skate test |
| Programs with Music | | |
| Level Passed | Competition Level | HIGHEST OFFICIAL TESTS ALLOWED |
| NONE | Beginner or Pre-Preliminary NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Basic Skills Free Skating badge tests. |
| Pre-Preliminary | Pre-Preliminary or Preliminary NOT BOTH | Skaters may not have passed higher than U.S. figure Skating Pre-Preliminary Free Skate Test |
| Preliminary | Preliminary | Skaters must have passed at least the U.S. Figure Skating Pre-Preliminary Free Skate test but may not have passed tests higher than the Preliminary Free Skate test |

**** If a skater competes in a Beginner Category or higher they may not go back to compete in the Basic Skills Free skate Categories**

COMPULSORY EVENTS – NO MUSIC

Beginner - Preliminary

- Skated on half sheet of ice; in program form, using a limited number of connecting steps
- May use additional elements from previous levels; deductions if elements from a higher level used
- Skating order of the required elements is optional. (elements may be repeated)

Beginner (No Test) Compulsory Program- May not have passed any official U.S. Figure Skating free skate tests.

Time: 1:00 max

1. Waltz jump
2. Salchow jump
3. Half flip or half lutz jump
4. Upright scratch spin (min. 3 revolutions)
5. Forward spiral

Pre-preliminary Compulsory Program- Must have passed no higher than U.S. Figure Skating pre-preliminary free skate test. Time: 1:00 max

1. Flip jump
2. Combination jump consisting of any two single jumps (No Axel)
3. Split jump
4. Sit spin (min. 3 revolutions)
5. Forward outside spiral

Preliminary Compulsory Program- Must have passed no higher than U.S. Figure Skating preliminary free skate test. Time: 1:15 max

1. Single jump of choice (Axel permitted)
2. Combination jump with any two single jumps (may not repeat single jump selected above)
3. Camel spin (min. 3 revolutions)
4. Combination spin (no change of foot)
5. Footwork sequence – straight line or diagonal

ADULT COMPULSORY EVENTS – NO MUSIC

No-Test - Bronze

- On ½ sheet of ice, in program form;
- Optional order of elements;
- May use elements from previous levels
- Time: 1.30 ± 10 sec

No-Test – May not have passed any official U.S. Figure Skating free skate tests.

1. Two-foot spin (minimum of 3 revolutions);
2. Forward edges (minimum 2 outside and 2 inside, each skated consecutively);
3. Bunny hop;
4. Lunge;
5. Forward inside pivot

Pre-Bronze – May have passed Adult Pre-Bronze test but no higher than Pre-Preliminary FS test.

1. One-foot spin (minimum of 3 revolutions);
2. Waltz jump;
3. Toe Loop;
4. ½ Flip – ½ Flip combination;

Bronze – Adult Pre-Bronze or Bronze test but no higher than Preliminary FS test.

1. Sit spin (minimum of 3 revolutions);
2. Salchow;
3. Toe Loop;
4. Waltz-Toe Loop combination;
5. Straight-line footwork sequence

FREESKATING EVENTS – WITH MUSIC

Beginner - Preliminary

- Skated on full ice; vocal music is not permitted; no flying spins allowed
- Spins require a minimum of 3-4 revolutions after position is achieved
- Programs must use all required elements listed; deductions if elements from a higher level are used
- Time: 1:30 minutes \pm 10 sec

Limited Beginner Freeskate Program- May not have passed any official U.S. Figure Skating free skate tests. A well-balanced program consisting of half jumps only, salchow and toe loops, combinations consisting of these jumps only, upright forward one and two foot spins, one step sequence and/or spiral sequence. No flying spins or combination spins are permitted.

Beginner (No Test) Freeskate Program- May not have passed any official U.S. Figure Skating free skate tests. (Refer to the Rulebook #3721) A well-balanced program consisting of single jumps (no axel or doubles permitted), at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence.

Pre-preliminary Freeskate A: Must have passed no higher than USFS Pre-Preliminary FS Test. A well-balanced program consisting of all single revolution jumps (no axels or double jumps permitted), single combination jumps, single jump sequences. A minimum of two spins of a different nature. One step sequence or spiral sequence.

Pre-preliminary Freeskate B: Must have passed no higher than USFS Pre-Preliminary FS Test. A well-balanced program consisting of all single revolution jumps (axel permitted), single combination jumps, single jump sequences, no double jumps permitted. A minimum of two spins of a different nature. (Refer to the rulebook #3711)

Preliminary Freeskate Program- Must have passed no higher than U.S. Figure Skating Preliminary Free Skate Test. (Refer to U.S. Figure Skating rulebook #3701).

A well-balanced program may include all single jumps, axels and two different double jumps which may be repeated as individual jumps, jump sequences or jump combinations. A minimum of two spins of a different nature. One step sequence or spiral sequence.

ADULT FREESKATING EVENTS – WITH MUSIC

No-Test - Bronze

- Skated on full ice; no vocal music; no flying spins;
- Spins require a minimum of 3 revolutions after position is achieved
- Programs must use all required elements listed; deductions if elements from a higher level are used
- Time: 1:30 minutes \pm 10 sec

No-Test – May not have passed any USFS test.

Only half jumps, Salchow, and Toe Loop jumps allowed.

Max: 3 jump elements, 2 spins, 1 step sequence (half sheet)

Pre-Bronze – Must have passed the Adult Pre-Bronze FS test & no higher than Pre-Preliminary FS Test.

No Lutz, Axel, double jumps or flying spins allowed.

Max: 3 jump elements, 2 spins, 1 step sequence (half sheet)

Bronze – Must have passed the Adult Bronze FS test & no higher than the Preliminary FS Test.

No Axels or double jumps allowed.

Max: 4 jump elements, 2 spins, 1 step sequence (half sheet)

SPIN EVENTS – NO MUSIC

- Test requirements same as for Free Skating Events
- Skated on half sheet of ice; skated in program form
- All elements must be skated, but in any order
- Time: 1:30 minutes or less, except Basic Skills 1:00 min or less

Basic Skills: (Minimum 2 revolutions; may have passed no higher than Basic 6)

1. Two-foot spin
2. Beginning one-foot spin OR Forward Pivot
3. Lunge

Beginner: (Minimum 3 revolutions in each spin position; Basic 7 & 8 and no-test skaters)

1. Two-foot spin
2. Any 1-position spin
3. Scratch spin
4. Spiral

Pre-Preliminary: (Minimum 3 revolutions in each spin position)

1. Any one-foot forward spin
2. Forward sit spin
3. Back scratch spin
4. Spiral, Bauer, or spread eagle

Preliminary: (Minimum 4 revolutions in each spin position)

1. Upright spin
2. Forward sit spin
3. Camel spin
4. Footwork sequence of any pattern

ARTISTIC SHOWCASE

Showcase events are to be skated to music of the skater's choice (the competition committee reserves the right to reject selection if deemed inappropriate). Programs should be designed specifically to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have thirty (30) seconds to place and remove the prop. Props must be limited to those that the skater can carry on and off the ice unassisted through the normal skater's entrance door. Props are not allowed on ice during warm up. Test requirements for each showcase group are the same as the freestyle levels indicated.

- Vocal music is allowed
- Includes Adult and Student skaters.
- No Axels or double jumps.
- Any event with a large number of entries may be divided into groups by age.

| <u>CATEGORY</u> | <u>TIME</u> | <u>RESTRICTIONS</u> |
|-----------------|--------------|--|
| Basic Skills | Max 1:30 min | May have passed no higher than Basic 8 |
| Beginner | Max 1:30 min | Must not have passed any USFS test |
| Pre-Preliminary | Max 1:30 min | May have passed no higher than USFS Pre-Prelim FS test |
| Preliminary | Max 1:30 min | May have passed no higher than USFS Prelim FS test |

INTERPRETIVE PROGRAM

No-test – Preliminary

The organizing Committee will pre-select and edit musical choices appropriate for these events. During warm-up skaters will hear selection of music twice. Following the warm-up, all skaters except the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

- No instruction allowed during this event from coaches, parents, or fellow skaters.
- Staging area must be kept clear except for ice monitor and listening competitor.
- Music duration is 1:30 minutes
- Programs are judged on originality, pattern, technical ability and music interpretation/expression

Beginner – May not have passed any official USFSA test. No flying spins or combination spins permitted. Music theme will be Muppets oriented.

Pre-Preliminary A – Must have passed no higher than USFSA Pre-Preliminary Free Skating test. No flying spins permitted. No axels or double jumps permitted. Music theme will be Western oriented.

Pre-Preliminary B – Must have passed no higher than USFSA Pre-Preliminary Free Skating test. No flying spins. No double jumps. Axel permitted. Music theme will be Police TV shows music themes oriented.

Preliminary – Must have passed no higher than USFSA Preliminary Free Skating test. Axels and double jumps allowed. No flying spins. Music theme will be Mexican/Spanish oriented.

MIDLAND HOTELS

| | | |
|----------------------------------|---|--|
| Ashman Court Marriott | 111 West Main Street, Midland MI 48640-5154 989-839-0500 or 800-282-7778 | www.ashmancourtmarriott.com |
| Fairview Inn & Suites | 2200 West Wackerly Street, Midland MI 48640 989-631-0070 or 800-422-2744 | www.fairviewinnmidland.com |
| Hampton Inn | 6701 Eastman Ave, Midland MI 48642 989-837-4000 or 800-426-7866 | www.hampton-inn.com |
| Holiday Inn Hotel | 1500 West Wackerly Street, Midland MI 48640 989-631-4220 or 800-622-4220 | www.midlandhi.com |
| Sleep Inn | 2100 West Wackerly Street, Midland MI 48640 989-837-1010 or 888-837-1010 | www.sleep-inn-mi.com |
| Valley Plaza Resort | 5221 Bay City Road, Midland MI 48642 989-496-2700 or 800-825-2700 | www.valleyplazaresort.com |



Driving Instructions:

From Detroit: I-75 north to US-10 West (exit 162B). Proceed approx. 11 miles to the Bay City Road exit. Turn left on Bay City Rd. and proceed west approx. 0.75 mile to arena on the left.

From Jackson/Lansing: US-127 north to US-27. Continue north on US-27 M-20 East (near Mt. Pleasant). Proceed east on M-20 to Buttles St. (in Midland). Turn right on Buttles St. (one-way) and proceed southeast approx. 5 blocks to Rodd Street. Turn left on Rodd St. (one-way) and proceed northeast approx. 1 mile to Saginaw Road. Turn right on Saginaw Rd. and proceed southeast approx. 1.5 miles to Bay City Road. Turn left on Bay City Rd. (one-way). Turn left on Bay City Rd. and proceed east approx. 2 miles to arena on the right.

From Grand Rapids: US-131 north to M-46 (exit 120). Proceed east on M-46 to M-66. Proceed north on M-66 to M-20 East. Proceed east on M-20 to Buttles St. (in Midland). Turn right on Buttles St. (one-way) and proceed southeast approx. 5 blocks to Rodd Street. Turn left on Rodd St. (one-way) and proceed northeast approx. 1 mile to Saginaw Road. Turn right on Saginaw Rd. and proceed southeast approx. 1.5 miles to Bay City Road. Turn left on Bay City Rd. (one-way) and proceed east approx. 2 miles to arena on the right.

**SKATE MIDLAND
November 3, 2007**

Competition Program Ads

Make the Skate Midland Competition memorable! Place an advertisement for your business, send a message to a fellow skater, thank-you to your coach, or a parental or friendly message of support for your skater. Complete the information below, enclose proper payment, and mail by the October 8th deadline:

ADVERTISEMENT INFORMATION

Contact Name: _____
Company Name: _____
Address: _____
City, State, ZIP _____
Phone Number _____

ADVERTISEMENT SIZE & RATES

_____ Back Cover (\$100)
_____ Front or Back Inside Cover Full Page (\$75)
_____ Full Page (\$60)
_____ Half Page (\$50)
_____ Quarter Page (25)
_____ Business Card Size (\$15)

WISH YOUR SKATE LUCK!

_____ Personal "Happy" Ad (\$5)
Maximum 50 characters (including spaces)

Camera-ready artwork on CD, disk, or email attachment is preferred in PDF or jpeg format. You may also provide a camera-ready, black-and-white hard copy of your advertisement. For further information or questions, contact Lisa Asiala at Laasiala@aol.com.

Return this form, completed with check payable to Midland FSC to:

Midland Figure Skating Club
Attn: Lisa Asiala
817 Honeysuckle Circle
Midland MI 48642

SKATE MIDLAND COMPETITION

November 3, 2007

Use a separate Registration Form for each skater (Please Print)

Name _____ Age ____ Date of Birth _____ M or F _____
Last First

Address _____ City _____ State _____ Zip _____

Email _____ Phone # (____) _____ USFS/CFS# * _____

Coach's Name _____ Phone # (____) _____ Club _____

Highest Level: Basic 8 _____, Basic Freeskating _____, No USFS Test _____ USFS Freeskating _____ MIF _____

Your Home Club _____

** If applied for, please note*

Check Events Desired

| Basic Compulsory | |
|-------------------------|--|
| Snowplow Sam | |
| Basic 1 | |
| Basic 2 | |
| Basic 3 | |
| Basic 4 | |
| Basic 5 | |
| Basic 6 | |
| Basic 7 | |
| Basic 8 | |
| Freeskate 1 | |
| Freeskate 2 | |
| Freeskate 3 | |
| Freeskate 4 | |
| Freeskate 5 | |
| Freeskate 6 | |

| Basic Program with Music | |
|---------------------------------|--|
| Snowplow Sam | |
| Basic 1 | |
| Basic 2 | |
| Basic 3 | |
| Basic 4 | |
| Basic 5 | |
| Basic 6 | |
| Basic 7 | |
| Basic 8 | |
| Freeskate 1 | |
| Freeskate 2 | |
| Freeskate 3 | |
| Freeskate 4 | |
| Freeskate 5 | |
| Freeskate 6 | |

| Compulsory | |
|-------------------|--|
| Beginner | |
| PrePreliminary | |
| Preliminary | |
| Adult No-Test | |
| Adult Pre-Bronze | |
| Adult Bronze | |
| Free Skate | |
| Ltd Beginner | |
| Beginner | |
| Pre-Prelim A | |
| Pre-Prelim B | |
| Preliminary | |
| Adult No-Test | |
| Adult Pre-Bronze | |
| Adult Bronze | |

| Spins | |
|---------------------|--|
| Basic Skills | |
| Beginner | |
| Pre-Preliminary | |
| Preliminary | |
| Showcase | |
| Basic Skills | |
| Beginner | |
| Pre-Preliminary | |
| Preliminary | |
| Interpretive | |
| Beginner | |
| Pre-Prelim A | |
| Pre-Prelim B | |
| Preliminary | |

| COMPETITION FEES | |
|---|----|
| \$40 for 1st event & \$25 for each additional event | |
| First Event | \$ |
| Additional Event | \$ |
| Additional Event | \$ |
| Additional Event | \$ |
| Practice Ice | \$ |
| Late fee (\$20) Postmarked after Oct 8 | \$ |
| TOTAL | |
| | |
| | |
| | |

| PRACTICE ICE | |
|---------------------|--|
| Olympic rink | |
| 8:00-8:20 am | |
| 8:20-8:40 am | |
| 8:40-9:00am | |
| 12:10-12:30 pm | |
| 12:30-12:50 pm | |
| | |
| South rink | |
| 8:00-8:20 am | |
| 8:20-8:40 am | |
| 8:40-9:00am | |

The completed entry form & certification, with fees, must be postmarked no later than October 8, 2007.

Enclose check or money order payable to *Midland FSC* and mail to:

Cathy Hadd, Skate Midland Competition, 4409 Jameson Street, Saginaw MI 48603

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE

UNLESS AN EVENT IS CANCELLED

SKATE MIDLAND COMPETITION

November 3, 2007

CERTIFICATION

Use a separate Certification Form for Each Skater

BY CLUB OFFICER OR BASIC SKILLS PROGRAM DIRECTOR:

The competitor is a USFS Club member in good standing or is a Basic Skills skater, and is eligible to enter the events selected.

Name _____ Title _____

Signature _____ Date _____ Phone _____

BY COACH OR ASSOCIATE INSTRUCTOR:

I have reviewed and approve the entry of this skater in the indicated events.

Signature _____ Date _____ USFS # _____

BY COMPETITOR AND PARENT/GUARDIAN

It is agreed that the competitor and family holds the Skate Midland Competition/Midland FSC/Midland Civic Arena harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property. The skater agrees to abide by the USFS Code of Conduct.

_____ Date _____
Skater's Signature

_____ Date _____
Parent / Guardian Signature (if skater is under 18 years of age)

IN CASE OF EMERGENCY

I hereby grant permission to the representatives of the Midland Figure Skating Club/Skate

Midland Competition to administer or seek medical attention for my child, in the case of my

absence, or for myself if I am unable to communicate my wishes.

Skater's Signature (if over the age of 18) _____ Date _____

Parent/Guardian Signature (if skater is under 18) _____ Date _____

Relevant Medical Information_(allergies, pre-existing conditions, etc.) _____

Skater's Insurance Company _____

Policy No. _____ Name of Insured _____