

32ND ANNUAL HOWARD E. VAN CAMP INVITATIONAL COMPETITION

Hosted by the Lansing Skating Club at Suburban Ice East Lansing

August 10, 11 & 12, 2006

Sanctioned by U.S. Figure Skating

The Howard E. Van Camp Competition is held at Suburban Ice East Lansing, 2810 Hannah Blvd. East Lansing, Mi 48823. The arena hosts twin NHL ice surfaces measuring 85' X 200' each. The competition will be held Thursday August 10 through Saturday August 12 with a Test Session August 13th. **NEW THIS YEAR....**Intermediate events are **NOT** combined....**AND....**practice ice will be available all day so skaters can practice as close to their event time as they need to. Officials will include National and International level Judges.

EVENTS

Novice – Senior Combined Programs
Beginner-Intermediate Freeskate
Juvenile-Intermediate Short Programs
Beginner-Pre-Juvenile Compulsories
Preliminary-Senior Spins
Artistic Showcase
Interpretive Freeskate

PRIZES

Medals for 1st, 2nd & 3rd
Ribbons for 4th-12th
Trophies for 1st-3rd in Final Round events
Plaque for the club with the most skaters
Prize for the COACH with the most skaters

Beginner, Pre-Preliminary, & Open Juvenile freeskating events, all Short Program events, Adult events, Spins events, compulsory events and the Artistic and Interpretive events are all Initial Round Only events.

Preliminary-Intermediate Freeskate events and Novice-Senior Combined Program events will consist of an initial round and a final round IF numbers warrant more than one flight in the initial round.

International Judging System for All Novice, Junior and Senior Events.
We have Technical Personnel and IJS Trained Accounting Personnel
We have Qualified Judges experienced in the New Judging System

MUSIC: Cassette Tapes AND CD's are welcome! Tapes must be rewound and ready to play with the appropriate side clearly labeled. CD's must contain ONE track only and be appropriately labeled. All music should be turned into Registration at least one hour before the event time.

REGISTRATION: The registration desk will be in skate rental of the arena and will be open one hour before competition begins each day and will remain open throughout the day's events for information and questions.

VIDEO: Professional Video services will be provided by Ledin Video and Photography. Spectators are welcome to use their own video equipment however, electrical outlets are not available and tripods are not permitted.

Please Remember...Competitors must be amateur (or reinstated amateur) members of U.S. Figure Skating and may enter events based on their test status as of July 1, 2006. Skaters may compete at their current test level or one level above but NOT both. Adult competitors must be 21 years of age by July 1, 2006. All events will be conducted in accordance with the rules set forth in the 2006-2007 U.S. Figure Skating Rulebook. Entries must be **POSTMARKED** by midnight July 1, 2006.

Pre-Preliminary	1:30	Must have passed the Pre-Preliminary Free Skate Test and no higher. May not include axels, double jumps, or flying spins.
Preliminary Limited	1:30	Must have passed the Preliminary Free Skate test and no higher. May include axels. May not include double jumps or flying spins.
Preliminary	1:30	Must have passed the Preliminary Free Skate Test and no higher. May include axels plus up to two different double jumps, which may be repeated as individual jumps, jump sequences or jump combinations.
Pre-Juvenile	2:00	Must have passed the Pre-Juvenile Free Test. May include axels plus up to four different double jumps, which may be repeated as individual jumps, jump sequences or jump combinations.
Juvenile Short Program	2:00max	<ul style="list-style-type: none"> a. Must have passed the Juvenile Free Skate Test and no higher. b. Axel c. One double jump (may not be repeated in combination) d. One jump combination consisting of one single jump and one double jump or two double jumps. e. Solo spin-Minimum four (4) revolutions in position. May not be commenced with a jump. f. Spin combination with only one change of foot and at least one change of position (four (4) revolutions each foot). g. Step sequence (straight line, circular, or serpentine).
Juvenile	2:15	Must have passed the Juvenile Free Skate Test. Skater must be under 13 years of age as of Sept. 1, 2006. (Will have final round if numbers warrant)
Open Juvenile	2:15	Must have passed the Juvenile Free Skate Test. Skater must be 13 years of age or older as of Sept. 1, 2006.
Intermediate	SP2:00max FS 2:30	Short Program & Long Program (NOT combined event). Must have passed the Intermediate Free Skate Test. (Final round if numbers warrant)
Novice	SP2:30max LFS 3:00 MFS 3:30	Short Program & Long Program (combined event). Must have passed the Novice Free Skate Test. (Final round if numbers warrant)
Junior	SP2:50max LFS 3:30 MFS 4:00	Short Program & Long Program (combined event). Must have passed the Junior Free Skate Test. (Final round if numbers warrant)
Senior	SP2:50max LFS 4:00 MFS 4:30	Short program & Long Program (combined event). Must have passed the Senior Free Skate Test. (Final round if numbers warrant)
Adult Pre-Bronze	1:40 max	Skater must be 21 years of age or older as of July 1, 2006. Must have passed the Adult Pre Bronze Free Skate Test. No axels or double jumps allowed.
Adult Bronze	1:40 max	Skater must be 21 years of age or older as of July 1, 2006. Must have passed the Adult Bronze Free Skate Test. No axels or double jumps allowed.
Adult Silver	2:10 max	Skater must be 21 years of age or older as of July 1, 2006. Must have passed the Adult Silver Free Skate Test. Only single jumps allowed.
Adult Gold	2:40 max	Skater must be 21 years of age or older as of July 1, 2006 Must have passed the Adult Gold Free Skate Test. No jump restrictions.

Compulsory Moves: All events shall be skated without music, in program form using ½ of the ice surface. Skaters may not exceed the stated time limit. Test requirements for compulsory moves are the same as the freestyle level indicated. Skaters may skate up one level, but may not skate at more than one level.

Event Level	Time	Restrictions/Required Elements
Low Beginner	1:00	<ul style="list-style-type: none"> a. ½ revolution jump. b. Toe-loop c. 2 foot spin (minimum three (3) revolutions) d. Lunge
High Beginner	1:00	<ul style="list-style-type: none"> a. Waltz jump b. salchow jump c. ½ Flip jump or ½ Lutz jump d. Forward scratch spin (minimum three (3) revolutions) e. Forward spiral

Pre-Preliminary	1:00	a. Single Flip jump b. Single Loop jump c. Single-single jump combination (no axel) d. Forward sit spin (minimum three (3) revolutions) e. Forward spiral on an outside edge
Preliminary	1:15	a. Single jump (may not be repeated in combination) b. Single-single jump combination (an axel is allowed) c. One foot back spin (position optional, may not commence with a jump, minimum of three (3) revolutions) d. Edge spiral, spread eagle or bauer e. Step sequence
Pre-Juvenile	1:30	a. Single or double jump (may not be repeated in combination) b. Single-single or single-double jump combination (must include loop) c. Combination spin with one change of foot, no change of position (may not commence with a jump, minimum four (4) revolutions each foot) d. Solo spin (may not commence with a jump, minimum of four (4) revolutions) e. Step sequence
Adult Pre-Bronze	1:30	a. Forward crossovers b. Backward crossovers c. Spiral sequence d. One foot upright spin (minimum three (3) revolutions)
Adult Bronze	1:30	a. Waltz jump b. Salchow c. One foot back spin (minimum three (3) revolutions) d. Footwork sequence
Adult Silver	1:30	a. Toe loop b. Flip c. Single-single combination (no axel) d. Camel spin (minimum three (3) revolutions) e. Footwork sequence
Adult Gold	1:30	a. Footwork sequence b. Lutz c. Single-single combination d. Sit spin (minimum four (4) revolutions) e. Combination spin with one change of foot and change of position (minimum four (4) revolutions each foot)

Artistic Showcase: Showcase events are to be skated to music of the skater's choice. Programs should be designed specifically to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have thirty (30) seconds to place and remove the prop. (Props must be limited to those that the skater can carry on and off the ice unassisted through the normal skater's entrance door. Props are not allowed on ice during warm up.) Test requirements for each showcase group are the same as the freestyle levels indicated.

Event Level	Time (Max)	Restrictions/Required Elements
Group I	1:30	Beginner - No axels, No double jumps.
Group II	1:30	Pre-Preliminary and Preliminary - No axels, No double jumps.
Group III	2:00	Pre-Juvenile and Juvenile - Axels allowed, No double jumps.
Group IV	2:00	Intermediate/Novice - May include one double jump.

Spins: This is an event to encourage and reward good spins. Test requirements are the same as listed for freeskating events. Men and Ladies may be grouped together. All levels will be skated on 1/2 ice surface. Events will be skated without music. Spins must be skated exactly as stated, but may be skated in any order. In addition to the spins required for each level, all skaters must include in their program one field element, such as a spread eagle, spiral or bauer and one footwork sequence. Skaters are to link the elements together with minimal crossovers, instead using turns and moves in the field.

Event Level	Time	Restrictions/Required Elements
Preliminary	1:30	a. One foot spin (minimum four (4) revolutions). b. Sit spin (minimum four (4) revolutions). c. Back scratch spin (minimum four (4) revolutions). d. Footwork sequence of any pattern e. Spiral, bauer or spread eagle
Pre-Juvenile/	1:30	a. Camel spin (minimum four (4) revolutions).

Juvenile		b. Combination spin with only one change of foot (minimum four (4) revolutions on each foot). c. Layback spin (ladies) / Sit spin (men) (minimum four (4) revolutions). d. Footwork sequence of any pattern. e. Spiral, bauer, or spread eagle.
Intermediate/ Novice	2:00	a. Flying spin (minimum five (5) revolutions). b. Layback spin (ladies) / Camel spin (men) (minimum five (5) revolutions). c. Combination spin with only two different positions and only one change of foot (minimum five (5) revolutions per foot). d. Footwork sequence of any pattern. e. Spiral, bauer, or spread eagle.
Junior/ Senior	2:00	a. Flying spin (minimum eight (8) revolutions). b. Layback spin (ladies) / Camel spin (men) (minimum eight (8) revolutions). c. Combination spin with only three different positions and only one change of foot (minimum six (6) revolutions per foot). d. Footwork sequence of any pattern. e. Spiral, bauer, or spread eagle.

Solo Dance: Each solo dance is initial round only and is open to both men and ladies. The dances are not combined, each one is judged separately. Men and ladies events may be combined. Skaters may select events at their current test level and/or one level higher. Should there be two or fewer entries in an adult dance event the committee reserves the right to combine them with the corresponding standard event. The Referee will determine the number of patterns skated.

Event Level	Dance Selections
Preliminary	Dutch Waltz, Canasta Tango, Rhythm Blues
Pre-Bronze	Swing Dance, Cha-Cha, Fiesta Tango
Bronze	Hickory Hoedown, Willow Waltz, Ten Fox
Pre-Silver	European Waltz, Foxtrot, Fourteenstep
Silver	American Waltz, Rocker Foxtrot, Silver Tango
Pre-Gold	Paso Doble, Kilian, Blues
Gold	Westminster Waltz, Viennese Waltz, Quickstep, Argentine Tango

Pair Freeskating: Entry forms and payments must be mailed together. Freestyle pairs will be divided into groups based upon age of the older partner when possible. One of the pair may move a level to compete with their partner. A skater who qualifies for more than one Freestyle Pair event may enter more than one event, but must have a different partner. All events are final round.

Event Level	Time	Restrictions/Required Elements
Preliminary	1:30	No Pair tests passed. No lifts.
Juvenile	2:15	Must have passed Juvenile Pair Test.
Intermediate	3:00	Must have passed Intermediate Pair Test
Novice	3:30	Must have passed Novice Pair Test.
Junior	4:00	Must have passed Junior Pair Test.
Senior	4:30	Must have passed Senior Pair Test.

Pair Short Program: Program will follow format defined by the 2006-2007 USFSA Rulebook.

Event Level	Time	Restrictions/Required Elements
Novice	2:15	Must have passed Novice Pair Test.
Junior	2:40	Must have passed Junior Pair Test.
Senior	2:40	Must have passed Senior Pair Test.

Interpretive Showcase:

The organizing committee will pre-select and edit musical choices appropriate for these events. During warm-up skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater.

JUDGING RULES:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.

Spins and jumps performed must be appropriate to competition level.

COACHING RULES:

There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

Event Level	Time	Restrictions/Required Elements
Group I	1:15 minutes	Beginner - No axels, No double jumps.
Group II	1:15 minutes	Pre-Preliminary and Preliminary - ONE axel, No double jumps.
Group III	1:30 minutes	Pre-Juvenile and Juvenile - Axels allowed, No double jumps.
Group IV	1:30 minutes	Intermediate/Novice - May include two double jump.