

## **Louisville Skating Academy Invitational Competition**

Iceland Sports Complex

Louisville, Kentucky

November 13, 2004

The ***Louisville Skating Academy Invitational Competition*** will be held at Iceland Sports Complex, 1701 UPS Drive, Louisville, KY 40223 on November 13, 2004.

**ELIGIBILITY AND RULES:** This competition is open to all registered USFS members in good standing who have passed no higher than Pre-Juvenile Free Skating or Adult Bronze Free Skating or, in the case of basic skills events, which run through Free Skate 5 + 6, are current members of the USFS Basic Skills Program or ISI. The competition will be conducted in accordance with the rules set forth in the current 2004-2005 USFS rulebook. Eligibility is based on the skill level as of October 15, 2004. Skaters may skate at their current level or one level higher but not above and not at both levels. Males and females may, or may not, be placed in the same group.

**ENTRIES AND FEES:** All entries must be postmarked no later than October 15, 2004. Payment of entry fees must accompany completed Entry Forms and Certification Forms. No refunds will be made after October 15, 2004 unless the event has been canceled. Late entries will be accepted at the discretion of Louisville Skating Academy and must be accompanied by a \$25.00 late fee. A \$20.00 fee will be charged for returned checks.

First single event.....\$50.00

Additional single event.....\$20.00

Basic skills event only.....\$25.00

**FACILITY:** The competition will be held at Iceland Sports Complex, 1701 UPS Drive, Louisville, KY 40223. Iceland Sports Complex is a year round, indoor facility with ample seating capacity. The arena houses two 85'x 200' ice surfaces. Locker rooms will be available during the competition.

**REGISTRATION:** The registration desk, located in the lobby of the building, will open at 7:00 a.m. on the day of the competition or earlier if required by the event schedule. Skaters must register at least one hour prior to their first event.

**PRACTICE ICE:** Practice ice will be available on the day of the competition. Skaters wishing to register for practice ice must submit the Practice Ice Form along with a separate check for practice ice fees. Phone reservations will not be accepted. The fee for practice ice is \$8.00/half hour if arranged by October 15, 2004 and \$9.00/half hour for a skater to walk-on without a reservation.

**SCHEDULE OF EVENTS:** Approximately one week prior to the competition, the schedule of events will be posted on Louisville Skating Academy's website, [www.skatelouisville.org](http://www.skatelouisville.org).

**AWARDS:** Medals will be awarded for the first four places in each group. For basic skills events, every skater will receive a medal or a ribbon. All events will be final rounds, and awards will be handed out after each event. Skaters receiving awards should appear in their competition outfits and skates for the award ceremony following each event.

**MUSIC:** LSA will provide tapes for all Basic Skills Events and Dance Events. Coaches should contact Rebecca Hatch-Purnell at (502) 244-3566 or [hatchpurnell@insightbb.com](mailto:hatchpurnell@insightbb.com) prior to October 15, 2004 for copies of the tapes. The Basic Skills music is the same music as used at I/WSA basic skills events during 2004. Skaters shall use their own music for all Free Skate and Showcase Events. Skaters should carry two copies of their music to the competition, and tapes must be clearly marked with the skater's name and event. One copy must be handed in at the registration table. The other should be available as a back up tape at rink side.

**HOTEL ACCOMODATIONS:** Skaters and their families who wish to arrive early or stay after the competition may want to call one of the hotels listed below. The rate, as listed, will be held through October 15, 2004 only.

Holiday Inn Hurstbourne  
1325 South Hurstbourne Lane (next to I64 – 3 miles from the rink)  
(502) 426-2600  
\$69.00  
(Indoor Pool and Arcade - 2003 Quality Award winner)

Embassy Suites  
9904 Corporate Campus Drive (1/4 mile from the rink)  
(502) 426-9191

**VIDEOTAPES:** A professional photographer arranged by Louisville Skating Academy will videotape from the rink area. Competitors will be able to purchase video recordings of their performances. All others must video from the bleachers with battery operated equipment.



LOUISVILLE SKATING ACADEMY INVITATIONAL COMPETITION  
Iceland Sports Complex  
November 13, 2004  
**CERTIFICATION FORM**

A completed Certification Form must accompany the Entry Form and related payment.

Competitor's Certification

I am eligible under the rules of U.S. Figure Skating to enter the event(s) at the levels indicated on the Entry Form.

COMPETITOR'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Certification of Club Officer or Test Chair

To the best of my knowledge, the information above is true and correct. This competitor is a member in good standing of our club.

CLUB OFFICER OR  
TEST CHAIR'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

CLUB NAME \_\_\_\_\_

Certification of Skater's Coach

I have reviewed the event(s) that this skater has entered.

COACH SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Certification of Parent/Guardian

The undersigned agrees to hold harmless USFS, Louisville Skating Academy, and LSA directors, officers, organizers and volunteers from any loss, damage and/or injury that may be sustained by the competitor while participating in any manner in any of the activities of this competition. The competitor and competitor's family hereby waive all claims for injury arising from or during this competition, practice time or any other time spent with Louisville Skating Academy at Iceland Sports Complex.

PARENT OR  
GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

LOUISVILLE SKATING ACADEMY INVITATIONAL COMPETITION  
 Iceland Sports Complex  
 November 13, 2004  
**PRACTICE ICE FORM**

Name: \_\_\_\_\_ Sex: \_\_\_\_\_  
                         Last                                First                                M.I.  
 Street Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ e-mail: \_\_\_\_\_  
 Area Code/Phone #: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
 USFS Number: \_\_\_\_\_ Club/Rink: \_\_\_\_\_  
 Last USFS Level Passed: \_\_\_\_\_  
 Coaches Name: \_\_\_\_\_ Coaches Phone: \_\_\_\_\_

Practice ice sessions are 1/2 hour in length. The fee when purchased prior to the October 15, 2004 deadline is \$8.00 per 1/2 hour session. If space allows, the walk-on fee for a 1/2 hour practice ice session without a reservation is \$9.00. Please indicate below the number and type of practice session that the competitor desires. Please include time for Moves in the Field, Spins and Footwork, Compulsory Moves and Showcase in the Free Skating practice.

Free Skating Session: Level \_\_\_\_\_ # of sessions \_\_\_\_\_ (2 maximum)  
 Dance Session: Level \_\_\_\_\_ # of sessions \_\_\_\_\_ (1 maximum)  
 Basic Skills Session: Level \_\_\_\_\_ # of sessions \_\_\_\_\_ (1 maximum)

**Total # Sessions** \_\_\_\_\_ **X \$8.00 = \$** \_\_\_\_\_

For practice ice, please include a *separate check* made out to Louisville Skating Academy. Completed Practice Ice Forms and related payments should be postmarked no later than October 15, 2004 and mailed to: **Louisville Skating Academy, c/o Rebecca A. Hatch-Purnell, 2211 Homewood Drive, Louisville, KY 40223**. Reservations without payment will not be recognized. Reservations will not be accepted by phone. The practice ice schedule will be posted prior to the competition on LSA's website, [www.skatelouisville.org](http://www.skatelouisville.org).

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**PROGRAM ADVERTISEMENT FORM**

The Louisville Skating Academy is accepting advertisements for the 2004 LSA Invitational Competition program from parents, friends, skating clubs, local business and other well-wishers. Out of town skating clubs are invited to advertise upcoming events, such as shows, competitions, seminars and test sessions.

The program will be 5 ½ by 8 ½ and will be printed in black ink. Ads will be sold on a quarter page, half page or full page basis. Also, single line ads such as “Good luck, Jenny” will be sold. Appropriate artwork, borders and typefaces will be used in the design of each ad.

Prices:

Single line ad (25 letters or less)	\$8
¼ page	\$25
½ page	\$40
full page	\$100
back cover (first come, first serve)	\$150

Please use the form below to submit your ad. Appropriate fees should be paid via check made payable to Louisville Skating Academy. Mail form and payment to: **Louisville Skating Academy, c/o Rebecca A. Hatch-Purnell, 2211 Homewood Drive, Louisville, KY 40223. (502) 244-3566.**

Deadline for ad submissions is October 25, 2004.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Ad Size: \_\_\_\_\_ Amount Due: \_\_\_\_\_

Text (Please print) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**FREE SKATING EVENTS:**

*Skaters will utilize full ice and skate to music of their choice.*

Beginner I: This basic level is designed for the beginning competitive skater. Skaters may not have passed the USFS Pre-Preliminary Free Skating test. Skaters may select the moves of their choice but may not include any full-revolution jumps. Toe loop and salchow are permitted. Program must not exceed 1 ½ minutes.

Beginner II: Skaters may not have passed the USFS Pre-Preliminary FS test. Skaters may select the moves of their choice but must not include any multi-revolution jumps. Single jumps only - no axels. Program must not exceed 1 ½ minutes.

Pre-Preliminary A: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only – NO AXEL. 1 ½ minutes.

Pre-Preliminary B: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only. AXEL IS PERMITTED. 1 ½ minutes. See SSR 4.12.

Preliminary A: Skaters may have passed the USFS Preliminary FS test and no higher. Single jumps only – including axel. 1 ½ minutes.

Preliminary B: Skaters may have passed the USFS Preliminary FS test and no higher. Single jumps including axel plus up to two other double jumps which may be repeated as individual jumps or a jump sequence. 1 ½ minutes. See SSR 4.10.

Pre-Juvenile: Skaters may have passed the USFS Pre-Juvenile FS test and no higher. Axels and up to four different double jumps which may be repeated. 2 minutes. See SSR 4.09

Adult Pre-Bronze: Skaters must be 25 years or older on October 15, 2004. Skaters may have passed USFS Adult Pre-Bronze Free Skating Test but no higher. Skaters may select moves of their choice but may not include any full-revolution jumps. Toe loop and salchow are permitted. 1 ½ minutes.

Adult Bronze: Skaters must be 25 years or older on October 15, 2004. Skaters may have passed USFS Adult Bronze Free Skating test but no higher. Skaters may select moves of their choice but may not include any multi-revolution jumps. Single jumps only - no axels. 1 ½ minutes.

**SPINS AND FOOTWORK EVENTS:**

*This event is meant to encourage the development of good spins and footwork and will be skated on half ice in 1 ½ minutes or less. Skaters qualify according to test requirements listed under Free Skating Events. Elements must be skated as stated, but may be performed in any order. All spins should have a minimum of 3 revolutions unless otherwise noted.*

Beginner: Two foot spin (3 revolutions), one foot spin with optional free foot (3 revolutions), straight line footwork.

Pre-Preliminary: One foot spin with optional free foot (3 revolutions), forward sit spin (3 revolutions), straight line footwork

Preliminary: Camel Spin (3 revolutions), one foot upright back spin (3 revolutions), forward sit spin (3 revolutions), circular footwork.

Pre-Juvenile: Camel spin (4 revolutions), Camel to sit spin with no change of foot (min. of 6 revolutions total), front scratch to back scratch exiting on skating foot (min. 4 revolutions on each foot), circular footwork.

**Compulsory Moves Events:**

*This event will be skated on half ice. Skaters qualify according to test requirements listed under Free Skating Events. Elements must be skated as stated, but may be performed in any order. Skaters will be penalized for additional elements and for repeating elements. Connecting steps will not be judged. Double jumps may not be substituted for single jumps. Combination jumps may not have a change of foot or turn between jumps. All spins should have a minimum of 3 revolutions unless otherwise noted.*

Beginner I: ½ revolution jump, waltz jump, bunny hop, two foot spin, lunge, forward pivot. 1 minute maximum.

Beginner II: Backward crossovers–min. of 4 in each direction, toe loop, half flip, spiral, one foot spin with optional free foot position. 1 minute maximum.

Pre-Preliminary: Salchow, loop jump, single/single combination (no axels), forward inside or outside edge spiral, scratch spin. 1 ½ minute maximum.

Preliminary: Lutz, single/single combination (axel permitted), one foot upright back spin, forward outside or inside edge spiral, back outside pivot. 1 ½ minute maximum.

Pre-Juvenile: Lutz, single/single combination (axel permitted), camel/sit spin combination with no change of foot (minimum of 6 revolutions), forward inside edge spiral, either a split jump or falling leaf. 1 ½ minute maximum.

### **Moves in the Field Events:**

Pre-preliminary: Pattern 2 – Forward outside and back outside consecutive edges Only, Pattern 3 – Forward left and right foot spirals

Preliminary: Pattern 3 – Forward power 3-turns, Pattern 5 - Alternating backward crossovers to backward outside edges

Pre-Juvenile: Pattern 4 - Forward inside, back outside 3-turns in the field, Pattern 5 – Forward and backward power change of edge pulls

### **Solo Dance Events:**

Preliminary: Skaters may have passed all Preliminary Dance tests but not the complete Pre-Bronze test. Dutch Waltz and Canasta Tango.

Pre-Bronze: Skaters may have passed all Pre-Bronze Dance tests but not the complete Bronze test. Cha-Cha and Fiesta Tango.

Bronze: Skaters may have passed all Bronze Dance tests but not the complete Pre-Silver test. Ten Fox and Hickory Hoedown.

### **Showcase Events:**

*The program must stress creativity with an emphasis on music interpretation and overall artistic performance. Themes are open. Vocal music is allowed. Spins and jumps are allowed, but shall not be highlighted and shall be used to emphasize the artistic quality of the program only. Costumes are encouraged - no feathers. Hand held props only. Props must be carried at all times in the program.*

Beginner/Pre-Preliminary: Skaters may have passed the USFS Pre-Preliminary FS test but no higher. Program must not exceed 1 ½ minutes.

Preliminary/Pre-Juvenile: Skaters may have passed the USFS Pre-Juvenile FS test but no higher. Program must not exceed 2 minutes.

Adult: Skaters may have passed the USFS Adult Bronze FS test but no higher. Program must not exceed 2 minutes.

### **Basic Skills Events:**

*All basic skills events will be skated on half ice and will be skated to music provided by Louisville Skating Academy (Contact Rebecca Hatch-Purnell at (502) 244-3566 or hatchpurnell@insightbb.com). Extra elements are not allowed and will result in deductions. Specified elements may be repeated within the program.*

Snowplow/Tot: (Skaters who are five years of age or younger and who have not passed Basic 1 or Pre-Alpha)

1. Skate forward
2. Backward wiggles
3. Forward two foot glide (minimum count of 4)
4. Forward swizzles/sculling (minimum of 3)
5. Forward gliding dip

Basic 1: (Skaters who have passed or are working on Basic 1 or Pre-Alpha only)

1. Forward two foot glide (minimum distance equal to one time the skater's height)
2. Forward two foot swizzles/sculling (minimum of 6)
3. Two foot snow plow stop
4. Backward wiggles
5. May choose one: (a) Forward one foot glide (minimum distance equal to one time the skater's height), (b) Backward swizzles (minimum of 6), or (c) Backward two foot glide (minimum distance equal to one time the skater's height)

Basic 2: (Skaters who have passed or are working on Basic 2 or Pre-Alpha only)

1. Backward skating
2. Backward two foot glide (minimum distance equal to one time the skater's height)
3. Backward swizzles/sculling (minimum of 6)
4. Forward one foot glide (minimum distance equal to one time the skater's height)
5. May choose one: (a) Forward stroking, (b) Forward slalom, or (c) Backward snow plow stop

Basic 3: (Skaters who have passed or are working on Basic 3 or Alpha only)

1. Forward stroking - showing neat footwork
2. Forward one foot swizzle pumps on a circle - either direction (minimum of 5)
3. Forward to backward two foot turn on a circle - both directions
4. Backward one foot glide (minimum distance equal to one time the skater's height)
5. May choose one: (a) two foot spin (minimum of 2 revolutions), (b) Forward crossovers -either direction (minimum of 5), or (c) Forward outside edge on a circle - left and right (minimum distance equal to 2 times the skater's height)

Basic 4: (Skaters who have passed or are working on Basic 4 or Beta only)

1. Forward crossovers - clockwise (minimum of 5)
2. Forward crossovers - counter clockwise (minimum of 5)
3. Forward outside three turn - left and right
4. Backward snow plow stop
5. May choose one: (a) Forward outside edge on a circle - left and right (minimum distance equal to 2 times the skater's height), (b) side toe hop - either direction, (c) Beginning one foot spin (minimum if 2 revolutions)

Basic 5: (Skaters who have passed or are working on Basic 5 or Beta only)

1. Backward crossovers - clockwise (minimum of 5)
2. Backward crossovers - counter clockwise (minimum of 5)
3. Beginning one foot spin (optional entry, optional free foot position, minimum of 3 revolutions)
4. Side toe hop
5. May choose one: (a) backward outside edge on a circle - left and right (minimum distance equal to 2 times the skater's height), (b) Bunny hop, or (c) Lunge

Basic 6: (Skaters who have passed or are working on Basic 6 or Gamma and Delta)

1. Forward inside three turn - left and right
2. T - Stop - left or right
3. Bunny hop
4. Forward Spiral on a straight line - left or right (minimum count of 4)
5. May choose one: (a) Lunge, (b) Waltz jump, or (c) Ballet jump

Basic 7: (Skaters who have passed or are working on Basic 7 or Delta only)

1. Forward inside open mohawk - left and right
2. Ballet jump - either direction
3. Backward crossovers to backward outside edge landing position - both directions (minimum count of 4)
4. Forward inside pivot (minimum of 3 rotations)
5. May choose one: (a) Moving outside three turns on a circle - left and right, (b) Waltz jump, or (c) Beginning scratch spin (optional entry, minimum of 3 revolutions)

Basic 8: (Skaters who have passed or are working on Basic 8)

1. Moving forward inside or outside three turn on a circle - left and right
2. Waltz jump
3. Combination move (see Basic 8 curriculum in Manual)
4. Beginning scratch spin (optional entry, minimum of 3 revolutions)
5. May choose one: (a) Mazurka, (b) Half flip, or (c) Forward spiral on an outside edge - left or right (minimum distance equal to 2 times the skater's height)

Basic Free Skate 1 & 2: (Skaters who have passed Basic 8 but not Free Skate 2 or ISI equivalent)

1. Advanced forward stroking (4-6 consecutive neat strokes)
2. Waltz jump from back crossovers
3. Forward outside edge spiral - left or right (minimum distance equal to 2 times the skater's height)
4. Scratch spin (entry from backward crossovers, minimum of 3 revolutions)
5. Half flip

Basic Free Skate 3 & 4: (Skaters who have passed Free Skate 2 but not Free Skate 4 or ISI equivalent)

1. Forward crossovers in a figure 8 (minimum of 4 crossovers per circle, 4 – 8 crossovers per circle recommended)
2. Back spin with free foot in crossed leg position (minimum of 3 revolutions)
3. Jump combination: waltz jump/toe loop
4. Salchow
5. Sit Spin (minimum of 3 revolutions)

Basic Free Skate 5& 6: (Skaters who have passed Free Skate 4 but not Free Skate 6 or ISI Equivalent)

1. Spiral sequence using forward and backward spirals
2. Loop jump
3. Flip jump
4. Camel/sit spin combination (minimum of 5 revolutions total)
5. Waltz jump/ ½ loop/ salchow combination

*End of Event Information*