

ADULT OPEN COMPETITION " The Mountain Cup "
May 30 – June 1, 2003, Villard -de-Lans, France

Dear Adult Skater,

We are pleased to send you this announcement of an Adult Open Competition, called " The Mountain Cup ", to be held at Villard-de-Lans, France, 30 May –1 June 2003. The competition is organized by "Ballet Glace & Co" as an interclub competition according to the rules of the French Figure Skating Federation FFSG ("Federation Francaise des Sports de Glace").

The first "Mountain Cup" competition was held in Villard-de-Lans on 29-30 May 1999 with 94 participants from 8 countries (Australia, Belgium, Canada, Ecuador, France, Germany, Great Britain, and the USA). The second "Mountain Cup" took place from 19 to 21 May 2000 with 71 participants from 10 countries (Belgium, Canada, Ecuador, Estonia, France, Germany, Great Britain, Singapore, Switzerland and the USA). The third edition was held from 1 to 3 June 2001 with 68 participants from 8 countries. In 2002, 103 skaters from 12 countries made the "Mountain Cup" the biggest ever international adult competition worldwide!

Set forth below is supplementary information on the competition site, the region, accommodation, travel, payment, etc.

To overcome the jet lag we would recommend skaters coming from the US, Canada and Australia to arrive at Villard some days prior to the competition.

Location:

Villard-de-Lans is located at an altitude of 1000 m (3300 ft.) in the center of the Vercors, an immense Natural Park surrounded by mountains. The weather in May/June can be fairly varied, with average temperatures of about 20°C (68 F). The temperature inside the Villard ice-rink will be about 7°C (45 F).

Travel:

120 km from Lyon airport; there is a shuttle bus service between Lyon-Saint Exupéry airport and Grenoble bus station by the company Faure, called "Navette". The bus stop is situated between Terminals 1 and 2, on level 1. The price for a one-way ticket is 20 Euros, a round-trip costs 38 Euros. Schedule will follow nearer to the competition date.

30 km by car/coach from Grenoble railway/bus station, for those who will come by TGV (= high speed train) from Paris. Local bus service between Grenoble and Villard by the company VFD (frequency 5 times a day). The price for a one-way ticket is 8 Euros, a round-trip costs 15 Euros plus 2 Euros for each piece of baggage. Schedule will follow nearer to the competition date.

Car rental:

On Lyon airport :

- Avis, Tel.++33(0)4 72 22 75 25, Fax:++33(0)4 72 22 71 82
- Hertz, Tel.++33(0)4 72 22 74 50, Fax:++33(0)4 72 22 74 62
- Europcar, Tel.++33(0)4 72 22 75 28, Fax:++33(0)4 72 22 75 18

(when dialing from outside France, please drop the " 0 ")

In Grenoble, the following car rental agencies are opposite to the railway station:

- Avis, Tel.++33(0)4 76 47 11 33, Fax:++33(0)4 76 87 86 78 (in the station)

If you plan to rent a car for a week, please mention a special rate called "forfaits loisirs" which is cheaper than the normal rate !

- Hertz, Tel.++33(0)4 76 86 55 80, Fax:++33(0)4 76 47 96 08

- Self Car, Tel.++33(0)4 76 50 96 96, Fax:++33(0)4 76 87 37 54

Hotels: Below we recommend some hotels in different price categories.

3-star hotels:

Le Dauphin, opposite the Villard ice-rink. English spoken,

Tel.++33(0)4 76 95 95 25, Fax:++33(0)4 76 95 56 33, e-mail: hotdau@aol.com

Webpage: <http://www.planete-vercors.com/le-dauphin>

Price for a single room: 46 euro, double room: 53,50 euro,

breakfast: 7 euro (special rates: please mention that you are a competitor in the "Mountain Cup")

Grand Hotel de Paris, " Best Western ". English spoken,

Tel.++33(0)4 76 95 10 06, Fax:++33(0)4 76 95 10 02,

e-mail: ghp@ghp-vercors.com

Webpage: <http://www.ghp-vercors.com>

Price for a single room: 53 euro, double room: 61 euro, breakfast: 10 euro

Le Christiania, Tel.++33(0)4 76 95 12 51, Fax:++33 (0)4 76 95 00 75,

English spoken, e-mail : lechristiania@planete-vercors.com

Webpage: <http://www.planete-vercors.com/le-christiania>

Price for a single room: 59 euro, double room: 88-104 euro, breakfast: 10 euro

2-star hotels:

Les Bruyères, Tel.++33(0)4 76 95 11 83, Fax:++33 (0)4 76 95 58 76,

English spoken, e-mail: hotelbruyeres@post.club-internet.fr

Price for a single room: 47 euro, double room: 53 euro, breakfast: 7 euro

Le Gerbier, Tel.++33(0)4 76 95 10 50, Fax:++33(0)4 76 94 91 27,

e-mail: billbocque@aol.com, English spoken

Price for a double room: 38-41 euro, breakfast: 6,10 euro

Hotel Georges, Tel.++33(0)4 76 95 11 75, Fax:++33(0)4 76 95 92 66

Price for a double room: 46 euro, breakfast: 7 euro

1-star hotel:

Le Centre, Tel.++33(0)4 76 95 14 12, Fax: +33(0)4 76 94 14 63

Price for a single room: 27-32 euro, double room: 36 euro, breakfast: 5,50 euro.

Apartments :

There is a possibility to rent apartments of different sizes and prices in an apartment house with indoor swimming pool, whirlpool, work-out room, and other facilities for a week. The apartment house is called " Résidence Le Diamant " (e-mail :

residence.le.diamant@wanadoo.fr) and is located at about 800 m from the rink. The kitchens in the apartments are fully equipped (including a dishwasher). Sheets/blankets, the final cleaning and the local tax are included in the rent. The managing staff speaks English. You can pay by VISA or Mastercard. Please make your own reservation (in English) by Telefax ++33(0)476 941271. The management will then send you a rental contract which you should fill in, sign and send back. 1/3 of the rent should be paid at this time. You may authorize the management to debit your credit card by filling in the attached authorization form or send the money by bank transfer (at your own expenses).

Rent for the week May 26-31:

Studio (1-2 pers.): 258 Euro, 2-room apartment (2-4 pers.): 318 Euro, 3-room apartment (4-6 pers.): 448 Euro, 4-room apartment (6-8 pers.): 531 Euro, 2-room apartment (luxe): 386 Euro.

In case of stay less than one week the following rates apply: 6 nights = 85% of the rent, 5 nights = 70%, 4 nights = 60%.

We ask for your understanding that skaters staying for one week are given priority when booking these apartments, e.g. skaters from overseas and those who enrol into the 3-day training camp which will precede the competition. According to availability other applicants will be considered. Thank you.

Payment of competition entry fee:

For all non-French skaters, we advise payment by credit card debit, because it is less expensive than money transfer. With the announcement we will send you an authorization form for debiting your credit card which we would ask you to fill in and mail back to us with your registration papers. However, we must charge 5 euros administrative costs. Please note that we can only take VISA and Mastercard (**no American Express cards**, sorry).

We can only finally confirm your participation at the Mountain Cup 2003 some time after the registration deadline as we need 2 competitors in each category to be able to hold an event. We will inform you as quickly as possible by e-mail or by fax.

Welcome Party and Draw:

Included in the entry fee is a welcome party and the draw on Thursday night, 29 May, at 19.45 hrs at "La Coupole" (next to the rink). Please be there to pick your start number and meet your fellow skaters!

NEW: Surprise Saturday Night Dinner!

The 5th anniversary edition of the Mountain Cup is the ideal occasion for trying out new ideas. We will be arranging a buffet-style dinner followed by dancing (live band) in an **unusual location** at the end of the competition on Saturday night. We will be contacting you nearer the date on the subject of special dress for the occasion (which you wouldn't normally consider for a skating competition!). If you and accompanying persons would like to participate, please remember to fill in the registration form that we will be e-mailing to competitors after the registration deadline (estimated cost: 27 euros).

Sunday Lunch:

On Sunday 1st June after the end of the competition, we will invite all skaters to a farewell drink. For those of you who will be able to stay on for lunch, we will make reservations in a nearby restaurant for our farewell lunch. Last chance to exchange views on the competition, addresses and farewell hugs! If you and accompanying persons would like to participate in this lunch, please fill in the registration form that we will send by e-mail to competitors after the registration deadline. This will facilitate reservation.

Tourist Program:

For those of you who have time and are interested in exploring the region of the Vercors, we advise you to look up the homepage of the Villard tourist office at: www.ot-villard-de-lans.fr The tourist office can make arrangements for visits of sites nearby.

Other sport activities:

If you would like to bring your non-skating partner, children or other accompanying persons, there is a wide range of possibilities in the Vercors, such as mountain biking, climbing, walking, horseback riding, golf, tennis, cave exploration, paragliding, water sports, balloon riding and plenty more. For more information, please look up the homepage of the Villard tourist office.

Adult Training Camp :

There will be a 3-day training camp in Free Skating and Dance from Monday 26th May 2002 to Wednesday 28th May 2002 held by internationally and nationally well-known coaches. According to the number of skaters interested in this camp we will make groups according to skating levels. Our intention is to keep the numbers in the groups small to allow for a maximum benefit of participants. If you are interested in participating in this camp, please send an e-mail to barbara.standke@ill.fr

The first two camp days will be video taped. We propose to hold a video session for all camp participants followed by an informal "raclette" dinner (a local speciality) on Tuesday 27th May. You are welcome to bring your accompanying family members and friends. The price of the meal and the location will be announced on the first day of the camp.

Current:

220 V; in case you intend to use electrical devices, we recommend to bring an adapter to French plugs from your home country.

General remarks :

As the time available for the competition is limited to Friday after lunch until Sunday 12.30hrs this event has to be restricted to 150 entries (an individual competitor may enter for 2 events which means that there will be less than 150 competitor places available).

This event is very much on a "First come first served" basis, so get your entry in as soon as possible to avoid disappointment.

Barbara Standke, postal address: Les Ombelles, F-38250 Lans, FRANCE

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Registration form for the WelcomeParty and the draw on Thursday, 29 May 2003 at 19.45 hrs in the festival hall „La Coupole“ (next to the rink)
NO COSTS (included in registration fee)

Yes, I shall attend

and I shall bring accompanying persons (please put in number)

No, I shall NOT attend

LAST NAME

FIRST NAME

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Registration form for the „Apéritif“ on Sunday 1st June 2003 at 12.30 Uhr at the rink
NO COSTS (included in registration fee)

Yes, I shall attend

and I shall bring accompanying persons (please put in number)

No, I shall NOT attend

LAST NAME

FIRST NAME

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